



EVENTS



CLASSES



PROGRAMS



City of Chula Vista

Recreation

Public Library

Boys & Girls Club

YMCA



SPRING 04

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City Council

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Director of Recreation

Buck Martin

Assistant Director of Recreation

Shauna Stokes

Disclaimer

The City of Chula Vista has made every reasonable effort to determine that everything stated in this brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice for reasons related to student enrollment, teacher and location availability, or any other reason at the discretion of the administration.

The Chula Vista Elementary School District neither sponsors nor endorses this information, activity, or organization. Distribution of this material is provided by the District as a community service. Any questions or comments should be directed to the sponsoring agency.

Inclusion Philosophy

The City of Chula Vista is dedicated to serving the needs of everyone in the community through inclusive programming. Persons with special needs are encouraged to participate in programs. For assistance, please call Recreation Supervisor, Carmel Wilson, CTRS at (619) 409-5800. A two-week advanced notice is required.



Special Events

Chula Vista Community Fair

Saturday, March 20 10 am - 1 pm
South Chula Vista Library
389 Orange Avenue
Want to learn more about the programs, services and activities the City of Chula Vista and other local agencies can offer you? Drop by the Chula Vista Community Fair. Don't miss the free giveaways, interactive displays and plenty of information. For more details, please call (619) 691-5296.

Taste of the Arts by the Bay

Sunday, April 18 10 am - 5 pm
New location, new artists, new focus...Taste of the Arts by the Bay is shaping up to be the City's signature event. Come celebrate the visual and performing arts. This free family festival will delight all with live music, plenty of entertainment, painting and sculpture, interactive art fair, hands-on activities for children and delicious food and refreshments. Don't miss this festival from at its new location in Bayside Park. Sponsored by the City of Chula Vista's Office of Cultural Arts. For more details, please call (619) 585-5627.

Day of the Child Community Fair

Saturday, April 24 11 am - 3 pm
Memorial Park
373 Park Way
Free family festival featuring information on children's services and resources. Literacy and education booths, free children's ID program, circus performers, live music, face painting, food and raffle prizes. Join the fun! Sponsored by the Chula Vista Community Collaborative and Chula Vista Child Care Commission. For more information, please call (619) 427-0376.

Cycle EastLake 2004

Sunday, April 25
Get ready to ride! Recreational bike tours are 5, 12, 25 and 50-mile routes that begin and end at Chula Vista Community Park. Post-ride activities include a health fair, music, food and sports expo. Interested riders may download an entry form from www.eastlake.net. For more information, please call the EastLake Company at (619) 421-3111 or email eef@eastlakeco.com.

Festival Cinco de Mayo

Sunday, May 2 10 am - 5 pm
Don't miss the largest street fair in South County! Live entertainment on three stages, 300 craft, food and vendor booths, salsa recipe contest, and dancing in downtown Chula Vista, Third Avenue from E to G Streets. For more details, contact the Downtown Business Association at (619) 422-1982.

Historic Home Tour

Saturday, May 8
Experience a piece of Chula Vista's history with a special tour of six historic homes around the city. Ticket information and further details be available in April. Watch the City's website at www.chulavistaca.gov for the latest updates.

Pet Fest

Saturday, June 26 8 am - 1 pm
Memorial Park, Third Ave
Spruce up Spot and Fluffy for a fun-filled morning for pet lovers! The event includes the Dog Dash, a two-mile run/walk, obedience demonstrations, pet adoptions, unusual pet tricks, pet related exhibitors, live music, refreshments and plenty of giveaways for the furry friends in your life. Don't miss the festivities! For more details, contact the Downtown Business Association, (619) 422-1982.

For more information about the events taking place in Chula Vista throughout the year, call the City's special events hotline at (619) 585-5682

or visit the "Calendar" link on the City's Web site at

www.chulavistaca.gov



COMMUNITY CENTERS

Check with each center about special holiday hours.

The Chula Vista Youth Center, Heritage, Loma Verde, Otay and Parkway Centers provide afternoon and evening activities, and programs for youngsters and adults including crafts, games and special events. The Chula Vista Youth Center, Loma Verde, Otay and Parkway Centers each have a game room available to all ages with activities which include table tennis, foosball and pool. The Chula Vista Youth Center, Otay and Parkway have indoor gymnasiums. Heritage has a dedicated crafts room with kilns and potter's wheels. Otay has a fitness center with free weights, cardio equipment and weight lifting machines (membership is required).

Center Hours

Chula Vista Community Youth Center

Frank Carson, Recreation Supervisor II
465 L Street (619) 691-5276
Mon - Thurs 3 - 8:30 pm
Fri 3 - 7 pm
Sat & Sun 12 - 4 pm

Heritage Park Community Center

Victoria Tom, Recreation Supervisor II
1381 East Palomar St. (619) 421-7032
Mon, Tue, Thurs 2 - 9 pm
Wed 2 - 8 pm
Fri 2 - 7:30
Sat 12 - 4
Sun Closed

Loma Verde Center

Sandy Lucero, Recreation Supervisor II
1420 Loma Lane (619) 691-5082
Mon - Thurs 2:30 - 8:30 pm
Friday 1:30 - 7:30 pm
Sat 12 - 4 pm
Sun Closed

Otay Recreation Center

Michelle Castagnola,
Recreation Supervisor II
3554 Main Street (619) 476-5325
Mon - Thurs 2 - 9:45 pm
Fri 2 - 7:45 pm
Sat 7:30 am - 3:45 pm
Sun 12 - 3:45 pm

Parkway Community Center

Shaun Ellis, Recreation Supervisor II
373 Park Way (619) 691-5083
Mon - Thu 2:30 - 8:30 pm
Fri 2:30 - 7 pm
Sat & Sun 12 - 4 pm

For more information concerning the following events, contact the center hosting the event.

COMMUNITY YOUTH CENTER

FREE Spring Carnival

April 10 10am - 2pm
This citywide event is open to all ages and will take place inside and outside the Youth Center with games, prizes, food, entertainment, and a good time to be had by all. For info, call (619) 691 - 5276.

Parents Night Out Ages 3 & up

Sat, June 12 5 - 9:30 pm
This night is dedicated for the parents to have a night out while the children participate in activities include sporting events, free games, a movie, food and drinks. Limited space, please sign up in advance to secure a spot.
Activity #3197.281 Fee: \$8 per child

Art Zone Ages 5 - 14

Wed 3:15 - 4:15 pm
A FREE creative arts and crafts program. Each week, get the opportunity to try something new with art: drawing, painting, crafts, and a whole lot more.

Game Day (Free!)

Fridays 3:15 - 4:15pm
Single and double elimination tournaments in a variety of games such as billiards, dominoes, table tennis, and video games.

HAPPENING AT HERITAGE!

Catch Recreation In Your Parks

Looking for fun and healthy activities in your own backyard? It's time for everyone of all ages to enjoy your parks. In Hearts N Parks, we will be engaging in a variety of FUN activities for all ages.

March

Wiffleball Mondays 5-7 pm
Volleyball Wednesdays 5-7 pm
Kickball Thursdays 5-7 pm

March 22- April 9, 2004

Monday - Friday 5-7 pm
Ping Pong, Bowling, Board Games and Bingo

April

Kickball Mondays 5-7 pm
Badminton Wednesdays 5-7 pm
Flag Football Thursdays 5-7 pm

May

Volleyball Mondays 5-7 pm
BBQ Games Wednesdays 5-7 pm
Wiffleball Thursdays 5-7 pm

June

Flag Football Mondays 5-7 pm
Kickball Wednesdays 5-7 pm
Badminton Thursdays 5-7 pm

Story Times

Space is limited to the first 20 parents and children for each session. Check with the center for dates.

Baby Time (ages birth to 3 yrs.)

9:45-10:15 am

Preschool Story Time (3-5 yrs)

10:30-11:15 pm

Survivor Heritage Adults

Apr 24 12 - 4 pm
Get your team of six together now and get ready for "Survivor" Heritage style. Teams will compete in a variety of challenges to stave off elimination and become the ultimate survivor. Sign up now or call 421-7032 for more information.

Heritage Intersession Camp

Ages 6-12 8:30 am - 4:30 pm
Arts, crafts, games, field trips, and more. Fees range from \$100 - \$120 per week. Space is limited. Morning extended hours available from 7:30 - 8:30 am for additional \$10/week.

March 22-26

#9100.201

March 29-April 2

#9100.202

April 5-9

#9100.203

Spring into Fun

March Madness

Spring Splash

Kids Bingo

Ages 5-14
Friday, April 2 5 - 7 pm
Kids! Come and enjoy a fun evening of Bingo. Prizes will be given to winners. Free.

Pitch, Hit & Run

Ages 7-14
Saturday, May 1 12 - 4 pm
This is your youngsters' opportunity to display fundamental skills including pitching, hitting and running. This is the local competition for MLB Pepsi Pitch Hit & Run. Participants will be broken down into age divisions.

Mother's Day Crafts

Saturday, May 8 12 - 3 pm
Stop by the center and make a craft for mom. Be creative, or make one of the pre-chosen crafts available for purchase. Cost of crafts range from FREE-\$2.

Father's Day Crafts

Saturday June 12 12 - 3 pm
We will have a variety of crafts available for kids to make a gift for dad. Cost of crafts range from FREE - \$2.

Programs

www.chulavistaca.gov/rec

LOMA VERDE ROCKS!

The center offers a variety of supervised activities for children and teens after school from sports, movies, crafts, and special events at no charge. For more information call 691-5082.

Creative Corner Ages 5 - 14
Tuesdays 3 - 4:30 pm
Introduce a variety of holiday and seasonal crafts. A calendar of craft projects is located at the center. FREE!

Sports Club Ages 6 - 14
Thursdays 3 - 4:30 pm
Activities will include instruction on the fundamentals of floor hockey, soccer, baseball, basketball, and flag football. Teamwork and good sportsmanship will be stressed. There will also be swim days and BBQs. FREE!

Phat Fridays
Fridays 2:30 - 4 pm
Activities include popcorn and a movie, build your own sundae, root beer float day, bingo and dances. For more information, check our calendar at the center or call 691-5082. FREE!

Birthday Party Packages
Fridays 7 - 10 pm
Rent the game room for your birthday party! Rental includes use of pool tables, air hockey, foosball, and ping-pong and can include decorations, cake and pizza. Packages start as low as \$135.

St. Patrick's Day
March 17 3- 4:40 pm
Wear your GREEN to an afternoon of fun, games, prizes, and crafts.

Spring Fest
April 23 3 - 5 pm
Events will include games, prizes, spring crafts, and a picture with the Easter Bunny. Activities are FREE.

Cinco de Mayo
May 7 3 - 5 pm
It's Fiesta Time! Celebrate Cinco de Mayo with an afternoon of activities including Loteria (Mexican Bingo), crafts, food, piñatas and entertainment.

Mother's Day Crafts
May 4 2:30 - 4 pm
Make the available crafts and decorate a gift bag for mom. This is a free activity.

WizKidz

Part of the Chula Vista Recreation Department Drug Prevention and Gang Diversion Program. Activities are designed to increase drug awareness, build self-esteem and enhance refusal skills.

Loma Verde Center
Fri 4:30 - 6:30 pm
Otay Center
Mon - Thu 2 - 4:30 pm
Fri 1 - 4:30 pm



OTAY'S OUT OF SIGHT!

J.U.M.P. Ages 6 - 12
Thursdays 3 - 4 pm
A free multi-sport program that teaches skills in different sports

B-I-N-G-O! Ages 6-12
First Friday / month 1:30 pm
Yell "BINGO!" when you get five in a row. Each winner will get a prize. \$1 for 10 games.

March Madness at Otay All Ages
Friday, Mar. 26 1:30 - 3:30 pm
Display your skills in basketball at the March Madness competition. Compete in free throws, 3-pointers, dribbling, and more. Prizes for winner in each age division.

Earth Day Recyclable Art Ages 5-12
Thursday, April 22 2:30 pm
Celebrate Earth Day at Otay participating in different activities such as making a terrarium, entering a coloring contest, and more. Popcorn and crafts are FREE.

A Present for Mom Ages 5-12
Friday, May 7 1:30 pm
Come by the center and make a gift for Mom for Mother's Day. Choose from a variety of projects to take home to your mother to show her how much you care. FREE!

Otay Open House All Ages
Monday, June 21 12 pm
Start the summer off right! Come to Otay for some summer fun. There will be games, food, and an air jump! Check out the center, register for summer classes, and have a blast! FREE!

PARKWAY PRESENTS

Spring Day Camps
\$110 Resident / \$128 Nonresident
#9050.261 March 29-April 2
Session 1 9 am - 4 pm
#9050.263 April 5 - 9
Session 2 9 am - 4 pm

Extended Day Care
\$10 each or \$20 for both early and late.
Session 1
#9050.265/early
#9050.264/late
Session 2
#9050.267/early
#9050.266/late

We will be going on field trips for one day of each of the camps. Session 1 will be going to Lego Land and Session 2 we will be going to Disneyland.

Baseball Night At Parkway Ages 5-14
Friday, April 30 6-9pm
The theme of this night is to celebrate the return of America's past time. Parents drop your kids off at the center for a night of supervised FUN. Our activities will include baseball (whiffleball) games, skill challenges such as a home run contest, a craft, and much, much more. Of course being a baseball party we will be serving hot dogs, pop corn, and soda for dinner. Most of all, parents you can have the night off for some free time. The children must be picked up from this activity. Sign up in advance starting April 5. Fee-\$5/child. #9050.262

Chess Club Ages 7-14
Mondays beg. March 1, 3:30 - 5 pm
Come learn and play the great game of chess. Our staff will introduce some very basic strategies, but most of all we just want to encourage different kind of fun that includes using your brain. All skill levels are welcome. FREE!

Friday Crafts Ages 5-14
Fridays beg. March 1 3:30 - 5:30 pm
Staff will be introducing a new craft every Friday. This FREE activity is a great creative outlet for our youth.

Tuesday/Thursday Gym Ages 5-14
3:30-4:30 pm FREE!
Tuesdays: Volley Tennis
Thursdays: Basketball
For both of these programs our staff will be teaching basic skills, rules, good sportsmanship and how to have fun.

Spring Recreational Classes

The following are 10-week courses, unless specified otherwise. Classes begin the week of April 12 and end the week of June 14. There will be no class on Monday, May 31 in observance of Memorial Day.

PRESCHOOL • KIDS

Bumble Bee Sports

The 9-week Bumble Bee Sports program is designed to provide an introduction to sports and motor-skills development for little athletes. Each session, "little bees" will experience two different sports. Class meets both Friday and Saturday. Includes T-shirt, sports photo and award. Parents are encouraged to attend.

Instructor: Staff

Fee: \$85 Resident / \$105 Nonresident

Ages 2 - 3 yrs.

#0150.242 Otay

Soccer and Kickball

Mon 5:20 - 6:05 pm

Tues (games) 4:30 - 5:15 pm

#0150.241 Otay

Soccer and Kickball

Fri 4 - 4:45 pm

Sat (games) 4 - 4:45 pm

#0150.201 Heritage

Soccer and Track & Field

Fri 4 - 4:45 pm

Sat (games) 10 - 10:45 am

Ages 4 - 5 yrs.

#0150.243 Otay

Soccer and Kickball

Fri 5 - 5:45 pm

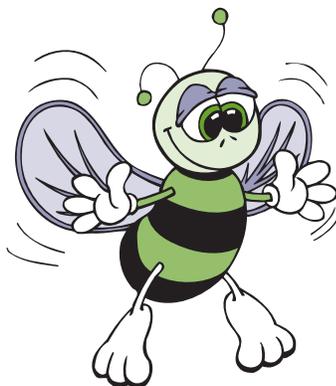
Sat (games) 5 - 5:45 pm

#0150.202 Heritage

Soccer and Track & Field

Fri 4:55 - 5:40 pm

Sat (games) 11 - 11:45 am



Mom (or Dad) & Me 18 mos. - 3 yrs.

The primary goal of this class is to develop socialization skills through exposure to other children. The activities will be geared toward interaction between the parent and child. Parents will also find this class to be a valuable way to share their child-rearing experiences with other parents.

Instructor: S. Linderman

Fee: \$26 Resident / \$33 Nonresident

#0001.261

Mon

Parkway

10:30 - 11:20 am

Tiny Tots

Ages 3 - 5 yrs.

This program is designed to provide stimulating and enjoyable experiences for youngsters in their first step from home. Daily activities include storytelling, arts and crafts, show and tell, music, and games to develop social skills. We recommend that children who are registered for four days be enrolled at different centers.

Parents provide daily snacks. All participants must be completely potty trained. Proof of age is required at the first class meeting. Instructors:

D. Sakamoto (PWV), M. Campos (LV)

Fee: \$110 Resident / \$138 Nonresident

#0090.261

Tue/Thu

Parkway

9 - 11:50 am

#0090.222

Tue/Thu

Loma Verde

9 - 11:50 am

#0090.263

Wed/Fri

Parkway

9 - 11:50 am

#0090.224

Wed/Fri

Loma Verde

9 - 11:50 am

Little Hands

Exploring, creating, and mess making get together for children. Emphasis of this class is having fun while creating. Children create a variety of projects. Expect a mess. Class requires parent participation. Materials are included.

Instructor: Staff

Fee: \$50 Resident / \$60 Nonresident

Ages 18 months - 3 years

#0020.201

Tue

Heritage

10 - 10:50 am

Ages 3 - 5

#0025.201

Tue

Heritage

11:10 - 12 am

Apples to Zebras 3-5 yrs.

Children enjoy learning and working with the alphabet. The purpose is to make learning the ABCs fun through games, songs, and arts & crafts. Each child will have an alphabet book to take home. Instructor: Staff

Fee: \$65 Resident / \$81 Nonresident

#0240.241

Mon/Wed

Otay

11:15 - 12:15 pm

Tales for Tots 3-5 yrs.

Get ready to read and explore the fascinating world of books. We'll read children's stories together and create an art project about the book. Children will be introduced to concepts such as characters, plots, and settings.

Instructor: Staff

Fee: \$40 Residents / \$50 Nonresident

#0250.241

Tues

Otay

11:15 - 12 pm

Cars, Planes, & Choo Choo Trains

3-5 yrs.

Your child will enjoy exploring the world of transportation through stories, crafts, and other activities. We'll pretend together in the land of cars, planes, trains, and other things that move.

Instructor: Staff

Fee: \$40 Residents / \$50 Nonresidents

#0260.241

Thurs

Otay

11:15-12 pm

Learn & Play 3 - 5 yrs.

Designed for children with more than one interest. There are four focus points of the class (two weeks each), including arts & crafts, music & movement, language & number development, and sports clinics.

Each week, your child will bring home an item highlighting their accomplishments.

Parents are encouraged to participate with the child. Instructor: Staff

Fee: \$90 Resident / \$112 Nonresident

#0230.241

Tue/Thu

Otay

9:30 - 11 am

Preschool Hip Hop 3 - 5 yrs.

This class is for the little dancers who want to learn the basic moves of hip hop and have fun at the same time.

NEW Instructor: J. Folia

Fee: \$30 Resident / \$37 Nonresident

#0200.241

Wed

Otay

3:15 - 3:45 pm

Preschool • Kids

www.chulavistaca.gov/rec

Kreative Wonders 18 mo. - 5 yrs. Movement Education

Emphasis for this program is focused on building children's perceptual and locomotor skills as well as their self esteem through a variety of movement activities, including parachute play, obstacle courses, singing and group interaction. Physical strength, flexibility and overall body awareness are gained through fun and challenging, age-appropriate exercises such as climbing, jumping, rolling, balancing and basic tumbling and gymnastic skills. Instructors: C. Paseman (H), Staff (Otay)
Fee: \$50 Resident / \$62 Nonresident

Toddler Gym 18 mos. - 2 1/2 yrs.
#0050.244 Otay Mon 3:40 - 4:20 pm
#0050.201 Heritage Wed 9 - 9:40 am
#0050.202 Heritage Fri 9 - 9:40 am
#0050.203 Heritage Sat 9 - 9:40 am

Kinder Gym 2 1/2 - 3 1/2 yrs. (w/ Adult)
#0055.201 Heritage Wed 9:45 - 10:25 am
#0055.202 Heritage Fri 9:45 - 10:25 am
#0055.203 Heritage Sat 9:45 - 10:25 am
#0055.204 Heritage Fri 10:30 - 11 am

Kinder Gym 2 3 1/2 - 5 yrs.
#0060.201 Heritage Wed 10:30 - 11:10 am
#0060.203 Heritage Sat 10:30 - 11:10 am

Kinder Gym Combo 2 1/2 - 5 yrs.
#0056.243 Otay Mon 4:30 - 5:10 pm

Preschool Mexican Folk Dance 3 - 5 yrs.
 Basic recreational instruction in various regional dances. Emphasis is on developing rhythm and motor-learning skills. Instructors: M. Sanchez
 Fee: \$25 Resident / \$30 Nonresident

#0140.281 CV Youth Center
 Tue 4 - 4:30 pm

Preschool Ballet Folklórico 1 - 5 yrs.
 The basics of graceful and exciting Folklórico dance. Learn rhythm and listening skills. Instructor: M. Sanchez
 Fee: \$30 Resident / \$37 Nonresident
#0210.221 Loma Verde
 Thu 4:15 - 4:45 pm

Preschool Latin Dance 1 - 5 yrs.
 Beginning students learn the basics of Latin Dances in an exciting atmosphere. Instructor: M. Sanchez
 Fee: \$30 Resident / \$37 Nonresident
#0210.225 Loma Verde
 Tue 5:15 - 5:45 pm

Preschool Traditional Dance Folklórico Mexicano 3-5 yrs.
 Basic recreational instruction in various regional dances. Emphasis is on developing rhythm and motor skills. Instructor: Y. Chacón-Beniquez
 Fee: \$30 Resident / \$37 Nonresident
#0140.262 Parkway
 Sat 9:30 - 10 am

Preschool Ballet 3 - 5 yrs.
 Learn simple ballet techniques and terminology. Emphasis on basic motor skills, creative movement and imagination. This course covers routines, rhythm, coordination and stretching. Instructors: C. Soriano - Perez
 Fee: \$25 Resident / \$30 Nonresident
Parkway:
#0110.261 (new students) Mon 4 - 4:30 pm
#0110.262 (returning students) Mon 4:30 - 5 pm
#0110.263 Tue 4 - 4:30 pm

Heritage:
#0110.201 (returning students) Thu 5:30 - 6 pm
#0110.202 (new students) Fri 5:45 - 6:15 pm
#0110.203 Fri 6:15 - 6:45 pm

Loma Verde:
#0110.226 (new students) Fri 4 - 4:30 pm
#0110.227 (returning students) Fri 4:30 - 5 pm

Other Centers:
#0110.244 Otay-MAAC Wed 5 - 5:30 pm
#0110.285 CV Youth Center Thu 4 - 4:30 pm

Preschool Ballet & Tap 3 - 5 yrs.
 Students will learn elementary techniques of ballet and tap. This class helps develop motor learning skills, teaches terminology with increased emphasis on creative movement combined with imagination and FUN! This course also covers routines, rhythm, coordination and stretching.

Instructor: C. Soriano-Perez
 Fee: \$25 Resident / \$30 Nonresident

#0110.288 CV Youth Center
 Sat 12:30 pm - 1 pm

Preschool Tap Dance 4 & 5 yrs.
 Emphasis on motor skills using creative movement with imagination. Instructor: C. Martinez
 Otay Fee (8-week class): \$38 Resident / \$48 Nonresident

#0120.261 Parkway (8 weeks)
 Wed 4:15 - 4:45 pm

#0120.201 Heritage (8 weeks)
 Mon 3:30 - 4 pm

Preschool Belly Dancing 3 - 5 yrs.
 Students will learn basic belly dancing movements, as well as dancing with veils to prepare for student performance.. 8-week class. Instructor: C. Martinez
 Fee: \$39 Resident / \$49 Nonresident

#0180.261 Parkway
 Fri 3:30 - 4 pm

Preschool Gymnastics 4 - 5 yrs.
 This class emphasizes the development of coordination, balance, flexibility and self-confidence through the introduction of beginning tumbling skills. Beginning tumblers must enroll in Preschool Tumbling I. To register for the classes, follow the guidelines listed on page 33. Instructors: L. Cornwall, A. Camastro-Lee
 Fee: \$30 Resident / \$36 Nonresident

Pre-School Gymnastics I (4 - 5 yrs)
#0010.261 Parkway Fri 2:30 - 3:20 pm
#0010.233 Loma Verde Sat 9 - 9:50 am

Pre-School Gymnastics II
#0010.262 Parkway Fri 3:30 - 4:20 pm
#0010.233 Loma Verde Sat 9 - 9:50 am

Spring Recreational Classes

The following are 10-week courses, unless specified otherwise. Classes begin the week of April 12 and end the week of June 14. There will be no class on Monday, May 31 in observance of Memorial Day.

PERFORMING ARTS / DANCE

Ballet

Students will learn ballet steps, techniques and terminology as they have fun and improve their poise. This course covers ballet combinations, rhythm, coordination and stretching.

Instructor: C. Soriano-Perez

Fee: \$30 Resident / \$37 Nonresident

Level 1 6 yrs. & over
#1230.242 **Otay-MAAC**
 Wed 5:30 - 6:15 pm
#1230.283 **CV Youth Center**
 Thu 4:30 - 5:15 pm

Levels 1 & 2 6 yrs. & over
#1235.202 **Heritage**
 Fri 6:45 - 7:30 pm
#1235.224 **Loma Verde**
 Fri 5 - 5:45 pm

Level 2 & 3 8 yrs. & over
#1240.261 **Parkway**
 Tue 4:30 - 5:15 pm

Level 3 & 4 10 yrs. & over
#1230.261 **Parkway**
 Mon 5 - 5:45 pm
#1230.201 **Heritage**
 Thu 6 - 6:45 pm



Ballet & Tap 5yrs & over
 Spice up your child's life with our new dancing styles, add a little fun with this GREAT new program, learn all the latest techniques of ballet and tap. Boys are welcome to join!

Instructor: C. Soriano-Perez

Fee: \$35 Resident / \$42 Nonresident

Ages 5 – 9 yrs.
#1230.284 **CV Youth Center**
 Sat 1 – 1:45pm

Ages 10 and up
#1235.286 **CV Youth Center**
 Sat 1:45 – 2:30pm

Tap Dance (Level 1) 6 yrs. & over
 Emphasis is on basic steps, rhythm and easy routines.
 Instructor: C. Martinez

#1205.201 **Heritage** (8 weeks)
 \$45 Resident / \$57 Nonresident
 Mon 4 - 4:50 pm

#1205.261 **Parkway** (8 weeks)
 \$45 Resident / \$57 Nonresident
 Wed 4:45 - 5:35 pm

Adult Tap Dance 16 yrs. & over
 Toe-tappin' fun, learning basic steps through intermediate routines. Great exercise, great class! Tap shoes required at second class meeting.

Instructor: C. Schroeder

Fee: \$25 Resident / \$30 Nonresident

#1260.262 **Parkway**
 Mon 7 - 7:50 pm

Hip Hop

This class is for anyone who wants to learn basic hip hop, or improve on their skills. Open to all those who want to meet new people and have fun!

NEW Instructor: J. Folia

Fee: \$35 Resident / \$42 Nonresident

Ages 8 - 13 yrs.
#1365.281 **C.V. Youth Center**
 Tue 7 - 7:50 pm

#1365.243 **Otay**
 Wed 6:30 - 7:20 pm

#1365.262 **Parkway**
 Thu 5 - 5:50 pm

Ages 14 yrs. & over
#1365.282 **C.V. Youth Center**
 Tue 8 - 8:50 pm

Creative Dance Ages 4 - 7 yrs.

Kids! Learn dance technique in a different way!!! Improve coordination, attention, and ability to express through movement, music, and fun. Enjoy every class with games, songs, and use of a variety of items..

Instructor: C. Losada

Fee: \$50 Resident / \$62 Nonresident

#1620.201 **Heritage**
 Fri 4 - 4:50 pm

Jazzy Line Dancing 13 yrs. & over

Join an exercise class with exciting choreography to a variety of musical selections that will keep you asking for more. Bring your friends and neighbors to join in an activity that ranges from beginner to intermediate levels.

Instructor: B. Ellis

Fee: \$45 Resident / \$55 Nonresident

#1510.201 **Heritage**
 Tue & Thu 7 - 9 pm

Jazz

Learn the Jazz technique where you will work on flexibility, coordination, rhythm, and performance presence. Bring your friends and neighbors and enjoy this fun, energetic, and choreographed dance.

Instructor: C. Losada

Fee: \$55 Resident / \$68 Nonresident

Youth **Ages 8 - 13**
#1610.201 **Heritage**
 Wed 4 - 4:50 pm

Adults **Ages 17 and over**
#1630.210 **Heritage**
 Wed 8 - 8:50 pm

Performing Arts / Dance

www.chulavistaca.gov/rec

Youth Belly Dancing 6 - 12 yrs.
Students will learn rhythm, coordination and stretching. Middle Eastern outfits are colorful and have a lot of sparkle. Veils are fun!
Instructors: L. Stacey (YC),
D. Wiesner (H),

#1410.281 CV Youth Center
Fee: \$30 Resident / \$37 Nonresident
Mon 6 - 6:50 pm
#1410.201 Heritage
Fee: \$45 Resident / \$55 Nonresident
Wed 5 - 5:50 pm

Youth to Adult Belly Dancing 6 - 21 yrs.
Instructor: C. Martinez

Fee: \$39 Resident / \$49 Nonresident
#1540.269 Parkway (8 weeks)
Fri 4 - 4:50 pm
#1454.224 Loma Verde (8 weeks)
Mon 6 - 6:50 pm

Traditional Dance – Folklorico Mexicano
Instruction offered in regional dances with emphasis on stage performance, self-confidence and projection. Performances are given throughout the year. Costuming cost not included in fee. Instruction approval required for Level 2, Intermediate and Advanced classes.
Instructor: Y. Chacón-Beniquez
Fee: \$30 Resident / \$37 Nonresident

Beginning 6 yrs. and over
#1245.263 (Level 1) Parkway
Sat 11 - 11:50 am

Beginning 18 yrs. and over
#1245.262 (Level 2) Parkway
Sat 10 - 10:50 am

Emerging Level 11 - 20 yrs.
#1250.261 Parkway
Sat 1 - 1:50 pm

Intermediate 7 yrs. & over
#1250.263 (Level 1) Parkway
Sat 2 - 2:50 pm
#1250.262 (Level 2) Parkway
Sat 12 - 12:50 pm

Advanced 8yrs. & over
#1255.261 Parkway
Thu 6 - 6:50 pm

Mexican Folk Dance (Beginning) 6 yrs. & over
Instruction offered in regional dances with emphasis on stage presence, self confidence and projection. Performances are given throughout the year. Costuming cost not included in fee.
Instructor: M. Sanchez (LV)
Fee: \$30 Resident / \$37 Nonresident

#1245.221 Loma Verde
Thu 5 - 5:45 pm

Dance Technique - Folklorico Mexicano
11 - 20 yrs.

Structured for intermediate abilities. Class includes skirt movements and stage presentations.
Instructor: Y. Chacon-Beniquez
\$30 Resident / \$38 Nonresident

#1260.261 (Girls only) Parkway
Sat 3 - 3:50 pm

Latin Dance 6 - 14 yrs.
The basics of graceful and exciting Latin dance will be taught to beginners. Learn rhythm and listening skills.
Instructor: M. Sanchez
\$30 Resident / \$37 Nonresident

#1310.225 Loma Verde
Tue 6 - 6:50 pm

Afro Cuban Rhythms 8 yrs. & over
This class enhances students' abilities within the realm of Afro Cuban Music. Learn how to play and perform several Afro Cuban Instruments. Instructor; Juan Sanchez, has trained with some of the best international musicians, including Emilio Camacho, Tom Float, Erick Mabre, and Mark Lambson. If you are interested in developing your Afro Cuban groove, this is the class for you!
\$45 Resident / \$54 Nonresident

Beginning
#1311.283 CV Youth Center
Wed 3:30 - 4:50 pm

Intermediate / Advanced
#1311.289 CV Youth Center
Wed 7 - 8 pm



Spring Recreational Classes

The following are 10-week courses, unless specified otherwise. Classes begin the week of April 12 and end the week of June 14. There will be no class on Monday, May 31 in observance of Memorial Day.

Bailes Lindos – Folklorico Mexicano

Experience the beautiful culture of Mexico with "Bailes Lindos." Participants develop poise, rhythm, teamwork, stage presence, and an appreciation for Latin America's rich history. Fundamental ballet and tap concepts are woven into the instruction. Material costs are additional to the class fee. *Instructor's approval is required for intermediate & advanced classes.
Instructor: J. Gutiérrez-Reed
Fee: \$30 Resident / \$37 Non-Resident

Beginning 8 yrs. & over
#1246.281 **CV Youth Center**
Sat 9 - 9:40 am

Intermediate* 9 yrs. & over
#1248.283 **CV Youth Center**
Sat 9:45 - 10:30 am

Advanced* 10 yrs. & over
#1248.285 **CV Youth Center**
Sat 10:40 - 11:30 am

Belly Dancing Adults

This ancient and beautiful art form has many movements that are thousands of years old. The class will cover body movements, veils and finger cymbals with dance. Instructors: Anjela (PW), L. Stacey (YC), D. Wiesner (HC)
Fee: \$45 Resident / \$55 Nonresident

#1540.201 **Heritage**
Mon 6 - 6:50 pm

#1540.281 **CV Youth Center**
Mon 6 - 6:50 pm

#1540.262 **Parkway**
Wed 6:30 - 7:20 pm

#1540.263 **Parkway**
Tue 7 - 7:50 pm

Cheer/Dance 7 - 10 yrs.

Students will learn the basics of cheer and dance, and learn what it takes to become a good cheerleader.

NEW Instructor: C. Hughes
Fee: \$45 Resident / \$54 Nonresident

#1430.201 **Heritage**
Fri 4:55 - 5:40 pm

#1434.224 **Loma Verde**
Tue 4 - 5 pm

Polynesian Dance

The basics of graceful and exciting Polynesian dance will be taught to beginners. New dances will be introduced to intermediate and advanced students, with emphasis on challenging routines and preparation for public appearances. Instructor's approval is required for all intermediate & advanced classes.
Instructors: G. Berthiaume (LV), L. Jazmin (OT)

Loma Verde Fee:
\$25 Resident / \$30 Nonresident
Otay Fee:
\$35 Resident / \$43 Nonresident

Beginning Ages 5 & over
#1280.222 **Loma Verde**
Thu 5:45 - 6:35 pm

#1280.241 **Otay**
Mon 6:30 - 7:20 pm

Beginning Ages 12 - Adults
#1290.221 **Loma Verde**
Wed 7:30 - 8:20 pm

Intermediate Ages 8 & over
#1295.221 **Loma Verde**
Wed 5:30 - 6:20 pm

Advanced 9 yrs. & over
#1298.225 **Loma Verde**
Wed 6:30 - 7:20 pm

Flamenco Dance

Flamenco is one of the most renowned of all Spanish dances. Students will develop self-confidence, rhythm, teamwork, poise, stage presentation and preparation for public appearances. Practice items and costume costs are in addition to class fees.

Instructors: D. Wiesner
Fee: \$45 Resident / \$55 Nonresident

Intro Level 6 - 12 yrs.
#1465.201 **Heritage**
Tue 5 - 5:50 pm

Beg. Level I Adults
#1470.201 **Heritage**
Tue 6 - 6:50 pm

Beginning Salsa/Merengue Adults

Learn to dance to the popular Salsa and Merengue music. Everyone is welcome to join the fun. Participants should have prior knowledge of the basic steps of Salsa and Merengue for the intermediate class.
Instructor: E. Arredondo
Fee: \$30 Resident / \$37 Nonresident

Level 1
#1480.221 **Loma Verde**
Mon 7 - 7:50 pm

Level 2
#1485.222 **Loma Verde**
Tue 7 - 7:50 pm

Level 3
#1485.223 **Loma Verde**
Thu 7 - 7:50 pm

Creative Art of Acting

Experience the technical and creative aspects of theatre arts. Aspiring actors of all ages will gain insight into the principles of acting and vocal techniques, character and scene analysis, improvisation and more.
Instructor: D. Smith
Fee: Resident \$42 / Nonresident \$53

8 yrs & over
#1530.262 **Chula Vista Woman's Club**
Sun 2 - 4 pm

#1530.244 **Otay**
Wed 6:30 - 8:30 pm

Keyboard 7 yrs. and over

Students learn basic keyboard playing, including note reading, fingering, chords, and rhythm. Students must provide their own keyboard with at least four octaves or 30 keys in length. Materials are included in the fee.

Instructor: N. Villanueva
Fee: \$58 Resident / \$72 Nonresident

#1580.201 **Heritage**
Wed 5 - 5:50 pm



Performing Arts / Dance • Creative Classes

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Guitar 8 yrs. & over
Experience the world of guitar playing. This course is designed to teach how to finger the guitar, read music, learn chords and rhythms. The guitar will need to be provided by the student and Melbay's Modern Guitar Book No. One is required. Instructor: W. Rivera
Fee: \$52 Resident / \$63 Nonresident

Beginning Guitar

#1560.281 CV Youth Center
Wed 5 - 5:50 pm

#1560.201 Heritage
Mon 5 - 5:50 pm

#1560.288

Lighthouse Christian Fellowship
630 Corte Maria (off of I Street)
Call (619) 691-5276 for directions
Mon 7:15 - 8:05 pm

Intermediate Guitar

#1560.282 CV Youth Center
Wed 6 - 6:50 pm

Instant Piano

(for hopelessly busy adults)

In just one three-hour workshop, students can learn enough secrets of the trade to provide years of enjoyment at the piano. Learn all the chords needed to play a song in class. It's easy & fun. \$20 materials fee will be required at the first class for a spiral bound book and 60 minute cassette tape for home study practice.
Instructor: J. Davis
Fee: \$30 Resident / \$36 Nonresident

#1590.281 Chula Vista Woman's Club
Mon (May 10) 6 - 9 pm

Little Voices 7 - 12 yrs.

Students learn basic vocal techniques like breathing, phrasing, enunciation, etc. This course will also help develop confidence and teamwork. Materials are included in the fee. There will be no class Monday, January 19.
Instructor: N. Villanueva
Fee: \$58 Resident / \$72 Nonresident

#1520.201 Heritage
Mon 5 - 5:50 pm

CREATIVE CLASSES

Scrapbooking 12 yrs. & over
Learn about the new way to do scrapbooking for real people! Learn all the basics with scrapbooking tools as well as get personal instruction and create gifts. For the first class, bring a pack of pictures. All supplies can be purchased through the instructor.
Instructor: K. Ralston
Fee: \$40 Resident / \$49 Nonresident

#3180.201 Heritage
TBD 12 - 4 pm

Floral Design Adults 16 yrs. & over
Beat the costly floral arrangements in the market. Learn the basics of floral arrangement and design your own floral displays for your home. Note: there is a materials fee of \$25 in addition to the class cost. Class meets April 16 - May 21.
Instructor: C. Littlejohn
Fee: \$40 Resident / \$50 Nonresident

#3999.280 CV Youth Center
Fri 5 - 7 pm

Silk Floral Design 16 yrs. & over
This class is intended for intermediate level students of floral design. Students will learn intermediate and advanced techniques to floral design, including the use of silk flowers, to make displays for their home and gifts for friends and family. Note: there is a materials fee of \$25 in addition to the class cost payable to the instructor on the first day of class. Class meets April 17 - May 1.
Instructor: C. Littlejohn
Fee: \$40 Resident \$50 Nonresident

#3999.285 CV Youth Center
Sat 9 am - 12 pm

Cooking 6 - 12 yrs.
Youngsters learn their way around the kitchen as well as the basics of nutrition.
Instructors: Staff
Fee: \$22 Resident / \$27 Nonresident

#3111.221 Loma Verde
Wed 3:30 - 4:30 pm

#3111.262 Parkway
Thu 3:30 - 4:30 pm

Instructor: S. Longville

#3111.243 Otay
Fri 4:30 - 5:20 pm

Drawing Plus! 6 - 10 yrs.
This 9-week course starts with several weeks of basic drawing - people, animals, places and plants with crayons, oil pastels, markers and pencils, etc. - then adds painting techniques to create some nifty images worthy of the finest refrigerator or wall. An "art shirt" is advisable.
Instructors: T. Mill (PW), C. Longville (OT)
Fee: \$42 Resident / \$53 Nonresident

#3110.261 Parkway
Wed 3:30 - 4:20 pm

#3110.242 Otay
Mon 4:30 - 5:20 pm

Drawing For Kids 6-10 yrs.
Beginning drawing class where kids will develop a sense of observation. Creativity and individuality will be encouraged. Different media will be presented (pencil, chalk, marker, etc.)
Instructor: C. Olimon
Fee: \$45 Resident / \$55 Nonresident

#3160.201 Heritage
Tue 5 - 5:50 pm

#3160.202 Heritage
Tue 6 - 6:50 pm

#3105.225 Loma Verde
Thu 5 - 6 pm

Drawing & Paint Your Favorite Animals
8 yrs. and over
This class is designed to instruct students in several drawing and painting techniques. Students will learn how to draw and paint through a variety of art materials. Fee includes supplies.
Instructor: A. Melzer
Fee: \$36 Resident / \$43 Nonresident

#3270.221 Loma Verde
Thu 6 - 8 pm

Watercolor Painting Ages 10 - 14 yrs.
Learn the basics of watercolor painting. Create greeting cards, landscapes, still lifes, and an abstract painting.
Instructor: L. Smyth
Fee: \$40 Resident / \$50 Nonresident

#3310.201 Heritage
Wed 4 - 4:50 pm

Spring Recreational Classes

The following are 10-week courses, unless specified otherwise. Classes begin the week of April 12 and end the week of June 14. There will be no class on Monday, May 31 in observance of Memorial Day.

Melt & Pour Soapcrafting 13 - Adult
Crafting with transparent and opaque melt and pour soap is creative, fun, and easy. This class will cover all the basics, including coloration, scenting, and embedding, with demonstration of several complex coloring techniques. Optional materials available for purchase.
Instructor: L. Gonzalez
Fee: \$40 Resident/ \$49 Nonresident

#3300.201 **Heritage**
May 29 1 - 4 pm

Home Soap Making Ages 13- Adult
(Under 18 must be accompanied by an adult.) Herbal soaps are gentle to your skin, environmentally friendly, and make special, unique gifts. Come learn the basic of natural soapmaking through a demonstration of the traditional cold-process method using oils and sodium hydroxide. Topics include choosing suitable oils and molds, scenting with aromatherapy essential oils, and using herbs and natural dyes for coloration.
Instructor: L. Gonzalez
Fee: \$30 Resident/\$37 Nonresident

#3305.201 **Heritage**
June 12 1 - 4 pm

Clay Plus! 6 - 10 yrs.
Make critters, puppets, animals and constructions out of lots of clay, wire, cardboard, plaster, glue, sticks, etc. Wonderfully messy! Great fun! Bring an apron or "art shirt." This is a 9-week course.
Instructor: T. Mill
Fee: \$40 Resident / \$50 Nonresident

#3120.261 **Parkway**
Wed 4:30 - 5:20 pm



Creative Clay 6 yrs. & over
This class welcomes beginning through advanced students. Several basic ceramic handbuilding techniques will be taught. Creativity will be encouraged along with learning. Fee includes one bag of clay, some tools and glazes. Extra clay, tools and glazes are additional.
Instructor: A. Melzer
Fee: \$36 Resident / \$43 Nonresident

#3180.221 **Loma Verde**
Mon 6 - 8 pm

Ceramics 10 yrs & over
This introductory class is designed to teach students the basics of working with ceramics. Molds and kiln are available. Other materials are supplied by students.
Instructor: N. Wallis (Loma Verde)
Fee: \$33 Resident / \$38 Nonresident

#3200.221 **Loma Verde**
Tue 9 - 12 am

#3200.223 **Loma Verde**
Wed 6 - 8 pm

#3200.222 **Loma Verde**
Wed 9 - 12 am

Intro to Clay
Learn basic techniques in clay using a variety of methods. Projects will include handbuilding and throwing on a potter's wheel. Creativity and learning is always encouraged in a safe and friendly environment. A materials fee of \$16 will be paid to the instructor on the first day of class (adults only). Class will meet for the first nine weeks.
Instructor: A. Bernard-Bryant
Fee: \$45 Resident / \$55 Nonresident

Children 7 - 10 yrs.
#3230.201 **Heritage**
Thu 4:30 - 5:30 pm

Youth 11 - 18 yrs.
#3235.201 **Heritage**
Thu 5:45 - 6:45 pm

Adults
#3240.201 **Heritage**
Thu 7 - 8:30 pm

Kool Painting Techniques for Kids Ages 7-15
Develop your child's creativity. Participants will learn how to use common objects such as sponges, toothbrushes, sand paper and more to paint fun projects and make original crafts on wood, fabric or other surfaces. Materials fee of \$25 to be paid to instructor: L. Pena
Fee: \$45 Resident / \$54 Nonresident

#3140.201 **Heritage**
Fri 4 - 4:50 pm

#3140.242 **Otay**
6-week class.
Sun 2 - 3:30 pm

Glass Décor Ages 18+
Participants will learn different ways to decorate glass. Techniques include etching, gold leafing, painting, and more. Materials fee of \$30 to be paid to the instructor: L. Pena
Fee: \$55 Resident / \$66 Nonresident

#3170.201 **Heritage**
Fri 5:10 - 6 pm

#3170.242 **Otay**
One day workshop.
Fee (includes materials): \$45
Saturday, April 24 12:30 - 3:30 pm

Candles Ages 13+
(Children under 18 must be accompanied by an adult.)
Learn how to make and decorate beautiful candles. Participants will use gel, wax, colors, and scents to create a variety of candles that will go great in any room or make wonderful gifts. There will be a materials fee of \$12 paid to instructor. Instructor: L. Pena
Fee: \$40 Resident / \$59 Nonresident

#3320.201 **Heritage**
Sat. April 17 12:30-3:30 pm

#3320.202 **Heritage**
Sat. May 22 12:30-3:30 pm

#3320.203 **Heritage**
Sat. June 5 12:30-3:30 pm

#3320.240 **Otay**
Sat. May 15 12:30-3:30 pm

Creative Classes • Language

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Totally Art! 6 - 10 yrs.
Banners and books, cards and creatures, constructions, collages, montages and masks are among the art projects in this course of exploration in many media. Dress for mess! Fee includes supplies.
Instructor: Staff
Fee: \$30 Resident / \$37 Nonresident

#3150.201 Heritage
Wed 6 - 6:50 pm
#3150.202 Heritage
Tue 4 - 4:50 pm

Cartooning Ages 8-14
Learn the basic drawing techniques of cartooning and rendering everyday objects and people as cartoons. Develop cartoon characters into a comic strip and learn comic book production. Emphasis on classroom participation and creativity. Fee includes supplies. 8-week course. Instructor: G. Holcomb
Fee: \$26 Resident / \$33 Nonresident

#3260.262 Parkway
Wed 6 - 6:50 pm

Nature Print Making & More
Ages 7-12
This class is designed to introduce students to the magic of printmaking using natural materials such as, leaves, wood, shells, and more! Combine design elements, color use, collage and some painting and drawing to create original art, ready to be framed! This class is taught by a professional artist and the fee includes materials. An "art shirt" is recommended.
Instructor: L. Richez-Bowman
Fee: \$42 Resident / \$52.50 Nonresident

#3130.261 Parkway
Thur 4 - 4:50 pm

#3130.201 Heritage
Mon 4 - 4:50 pm

#3130.213 Loma Verde
Tue 4 - 4:50 pm

Uñas de Cristal y Gel 13 yrs. & over
Clases acerca de uñas de cristal y gel en español. Estudiantes aprenderán como aplicar uñas preciosas por una profesional. Los estudiantes tienen que preveer sus propias materiales.
(This class is offered in the Spanish language only.)
Instructor: M. Lizarraga
Fee: \$38 Resident / \$46 Nonresident

#3115.288 CV Youth Center
Thu 4 - 5:50 pm

Uñas Acrílicas 13 yrs. & over
Clases acerca de uñas acrílicas en español. Estudiantes aprenderán como aplicar uñas preciosas por una profesional. Los estudiantes tienen que preveer sus propias materiales.
(This class is offered in the Spanish language only.)
Instructor: M. Lizarraga
Fee: \$35 Resident / \$42 Nonresident

#3112.281 CV Youth Center
Mon 4 - 5:50 pm

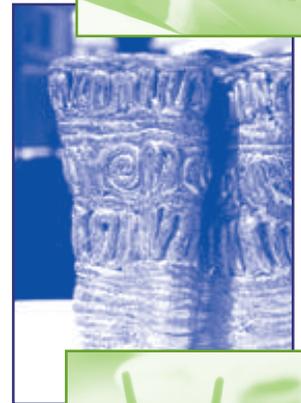
LANGUAGE

Learning English
Non-English speakers will be taught to speak, read and write. Class will have a strong emphasis in conversation to familiarize students in the oral use of the language.
Instructor: N. Paramo
Fee: \$40 Resident / \$50 Nonresident

#4140.201 Heritage
Sat 10 - 11 am

Learning Spanish
Non-Spanish speakers will be taught to speak, read and write. Class will have a strong emphasis in conversation to familiarize students in the oral use of the language.
Instructor: N. Paramo
Fee: \$40 Resident / \$50 Nonresident

#4145.201 Heritage
Sat 11 am - 12 pm



Spring Recreational Classes

The following are 10-week courses, unless specified otherwise. Classes begin the week of April 12 and end the week of June 14. There will be no class on Monday, May 31 in observance of Memorial Day.

FITNESS

Loma Verde Step Aerobics Adults
Tone, firm and shape the upper and lower body with exercise bands and hand weights. Improve circulation and breathing, strengthen bones and muscles. Decrease stress and anxiety, gain better control of body weight and diet. Lower both blood pressure and cholesterol. Meet new friends and most importantly, have fun!
Instructor: C. Saunders
Fee: \$5/day or \$20/month
Loma Verde
Mon/Wed/Fri 6 - 7 pm

Aerobic Combo Adults
A combination class that incorporates hi and low-impact aerobics, step aerobics, body sculpting, and/or kick-boxing into one total body aerobic workout. Learn how to properly use equipment while performing each exercise in order to achieve individualized training and motivation. Instructor: P. Payne
Fee: \$5/class or \$55/10-week session
#4100.201 **Heritage**
Mon/Wed 7 - 7:45 pm
#4100.202 **Heritage**
Tue/Thu 9 - 9:45 am

Aerobics Plus Adults
Combine cardio kick boxing, low, high/low and STEP and you have the perfect combination of basic moves to take your workout to any intensity level you want. No experience required. Instructor: M. Bustillos. Fee: \$5/day or \$20/month
Loma Verde
Mon/Tue/Thu 9 - 10 am

Realistic Self Defense Training
Ages 13+
This training is based around realistic self-defense, hand-to-hand combat, defense against multiple attackers, and awareness training. This class is designed to help women avoid a bad situation and build self confidence in a combination of exercise and fun.
Instructor: Master G. Amen
Fee: \$50 Resident / \$61 Nonresident
#4340.201 **Heritage**
Mon 6 - 7:30 pm

Yoga Adults
Yoga builds a strong foundation for self-assurance, and clear thinking. Develop deep breathing, increased flexibility, and good health through easy and pleasurable movements.
Instructor: Y. Rodriguez (YC, LV), F. Rosas (Heritage)
Fee: \$42 Resident / \$51 Nonresident
#4110.281 **CV Youth Center**
Mon 6:30 - 7:30 pm
Tue 6 - 7 pm
#4110.222 **Loma Verde**
Wed / Thu 7 - 8 pm
Heritage
Fee: \$5 per day or \$40 per month
Mon 8 - 9 pm
Wed 7 - 8 pm
Sat 9 - 10 am

Tennis Intersession Camps Ages 7 - 15
Monday - Friday
Instructor: Tennis pro, J. Villanueva
Fee: \$100
#5561.182 **Sunbow Park**
Mar 22 - 26 9 am - 12 pm
#5561.183 **Marisol Park**
Mar 29 - Apr 2 9 am - 12 pm
#5561.284 **Marisol Park**
June 21 - 25 9 am - 12 pm
#5561.285 **Marisol Park**
June 28 - July 2 9 am - 12 pm



Women's Tennis Lessons 18 and over
Wednesdays
Instructor: Tennis pro, J. Villanueva
Fee: \$60/month
#5565.284 **Mackenzie Creek Park**
Begins April 2 7 - 8 pm
#5565.285 **Mackenzie Creek Park**
Begins May 5 7 - 8 pm
#5565.286 **Mackenzie Creek Park**
Begins June 2 7 - 8 pm

Spring Break Tennis Clinic Teens
These clinics offer high school aged students to better develop their tennis game during their spring break. Classes are taught by tennis pro Randy Thomas. Monday - Friday
Fee: \$75 Resident / \$90 Nonresident
#5570.281 **Sunbow Park**
March 29 - April 2 9 - 11 am
#5570.282 **Eucalyptus Park**
April 5 - 9 9 - 11 am

Active Adult Tennis Clinic Ages 40+
This tennis clinic is meant for all levels of skill. You will learn the techniques to improve your swing and stamina. One day only! Limited space, sign-up early!
Instructor: Tennis Pro, J. Villanueva
Fee: \$20 Resident / \$24 Nonresident
#5571.281 **Eucalyptus Park**
Wed., April 28 10 am - 12 pm

Archery
Learn the fun and growing sport of archery. Basic instruction is provided by an instructor certified by the National Archery Association. Equipment is provided. The class location is Paseo Del Rey Park, 750 Paseo Del Rey.
Instructor: M. LeBlanc
Fee: \$45 Resident / \$54 Nonresident
Beginning
#4230.281 **Paseo Del Rey Park**
Sat 9 - 9:50 am
Intermediate 8 - 17 yrs.
#4235.281* **Paseo Del Rey Park**
Sat 10 - 10:50 am
Advanced 13 yrs. - Adult
#4240.282 * **Paseo Del Rey Park**
Sat 11 - 11:50 am

Fitness

www.chulavistaca.gov/rec

Cardio Ab Workout Adults

This low impact cardiovascular workout combines traditional martial art movements with full body stretching. Emphasis on upper and lower abdominal. Participants need to bring a towel or mat.

Instructor: J. Hickman

Fee: \$29 Resident / \$36 Nonresident

#4260.263 Chula Vista Woman's Club

Tue 7 – 7:50 pm

Parkway Morning Aerobics Adults

Wake up to a low impact cardiovascular workout. Register your kids in Tiny Tots and enjoy a brisk workout while they are in class.

Instructor: A. Burrill

Fee: \$5/single class or \$20/month

Parkway Center

Mon/Wed/Fri 9 – 9:50 am

Parkway Strength Training Adults

An all-over body shaping and strengthening workout using weights, yoga, and bodybuilding techniques. Get the benefit of a personal trainer's attention and expertise in this fun, small group setting.

Instructor: N. Kelsey

Fee: \$7/single class or \$27 monthly**

Parkway Center

Mon/Thurs 5:30-6:30 pm

Parkway Step Aerobics Adults

Great low-impact cardiovascular workouts utilizing step benches. Improve your health and burn fat the fast and fun way.

Instructor: N. Kelsey

Fee: \$7/single class or \$27/monthly**

Parkway Center

Tues/Fri 5:30-6:30 pm

**For optimum results at a discounted price, take advantage of combining both the step and strength classes for only \$50 per calendar month. Classes are on-going. Enroll with the instructor at any time.

Oigong and Tai Chi Exercises Adults

Let Chinese Internal and Martial Arts basics strengthen your body, calm your mind and lift your spirits. Standing, walking and sitting routines of movements, positions and stretches are practiced according to traditional principals. They produce balance, body coordination, muscle toning, bone maintenance, deep breathing, joint flexibility and healthy organ functioning. Results: life-long stress relief, less disease potential and a galvanized immune system. Instructor: Lenora Lowe

Residents: \$45 per month

Nonresidents: \$53 per month

#4640.241

Otay

Tue 2 - 3:30 pm & Thu 3 - 4:30 pm

“Out of the Ring” - Cardio Boxing

This 8-week class provides basic fundamentals and conditioning of boxing fitness for beginners. This course includes non-contact skills and drills teaching body position, footwork, hand speed and punching, bag work and shadow boxing. Instructor: J. Diaz

8 - 16 yrs.

Fee: \$35 Resident / \$43 Nonresident

#4680.241

Otay

Sat 12:30 - 1:30 pm

Adults

Fee: \$43 Resident / \$55 Nonresident

#4680.242

Otay

Mon/Wed 6:30 - 7:20 pm

Recreational Karate

These recreational classes provide excellent exposure to karate. Instructors are used from local martial arts studios. Any formal testing for belts is done at those studios under guidelines set up by the karate federation that the studio is affiliated with. The Recreation Department does not endorse outside studios. Arrangements for taking lessons from those studios are separate from the Recreation program.

Also, any additional fees associated with this program (uniform, federation fees, testing) are administered through the class instructor. Instructor's approval is required for all intermediate and advanced classes.

Ryuei-Ryu

Instructor: J. Hickman

Fee: \$25 Resident / \$32 Nonresident

Beginning 5 - 11 yrs.

#4310.261 Chula Vista Woman's Club

Tue 5 - 5:50 pm

Intermediate 5 yrs. & over

#4315.261 Chula Vista Woman's Club

Tue 6 - 6:50 pm

Shito-Ryu Karate 5 yrs. & Over

Instructor: J. Martinez

Fee: \$45 Resident/\$56 Nonresident

#4330.201 Heritage

April 13 - June 17

Tue/Thu 4 - 4:50 pm

Karate-Do

Instructor: S. Ingalls

Fee: \$31 Resident / \$37 Nonresident

Beginning 5 - 11 yrs.

#4320.281 CV Youth Center

Thu 5:30 - 6:20 pm

#4320.222 Loma Verde

Tue 5 - 5:50 pm

Beginning/Intermediate 12 yrs. & over

#4325.283 CV Youth Center

Thu 6:30 - 7:20 pm

#4325.224 Loma Verde

Tue 6 - 6:50 pm

Beginning Karate 5 - 11 yrs.

#4320.284

Lighthouse Christian Fellowship

Instructor: O. Bergman

Fee: \$31 Resident / \$37 Nonresident

630 Corte Maria (off of I Street)

Call (619) 691-5276 for directions

Tue 7:15 - 8:15 pm

Spring Recreational Classes

The following are 10-week courses, unless specified otherwise. Classes begin the week of April 12 and end the week of June 14. There will be no class on Monday, May 31 in observance of Memorial Day.

Taekwondo 7 yrs - Adults
 Instructor: S. Juare
 Fee: \$30/Month
 Mon & Wed
#4381.284 April
#4381.285 May
#4381.286 June

Instructor: P. Payne
 Fee: \$35 Resident / \$43 Nonresident
#4380.201 Heritage
 Wed 6 - 6:50 pm

Judo 5 yrs. - adults
 The ancient martial art of judo provides personal development through precise physical movements and a disciplined attitude. Develop self-defense techniques and strive to perfect individual character. Additional fees are associated with this program (i.e. uniform, federation fee).
 Instructors: M. Ozaki & Staff
 Fee: \$25 Resident / \$30 Nonresident

Beginning
#4360.281 Chula Vista Youth Center
 Tue 7 - 7:50 pm
#4360.282 Chula Vista Youth Center
 Thu 7 - 7:50 pm

Advanced
#4365.281 Chula Vista Youth Center
 Tue 8 - 8:50 pm
#4365.282 Chula Vista Youth Center
 Thu 8 - 8:50 pm



GYMNASTICS

6 yrs & over
 Patterned after the program of the U.S. Gymnastics Federation to build a strong skill foundation. Major emphasis is on floor tumbling. New students MUST enroll in Gymnastics I. Gymnastics II students must be proficient in backward rolls, backbends, handstands, cartwheels, backbend from stand, bridge kickovers, and pullovers on the bar. Gymnastics III students must be proficient in backward rolls, backbends, handstands, cartwheels, backbend from stand, bridge kickovers, and pullovers and back hip-circles on the bar.
 Instructors: L. Cornwall, T. Desmond
 Fee: \$30 Resident / \$36 Nonresident

Gymnastics I / Novice (6 years & over)

#4105.225 Loma Verde
 Sat 10 - 10:50 am

Gymnastics I & II (6 years & over)
#4105.261 Parkway
 Fri 4:30 - 5:20 pm

Gymnastics II
#4110.223 Loma Verde
 Sat 12 - 12:50 pm

Gymnastics II & III
#4110.261 Parkway
 Fri 5:30 - 6:20 pm

#4131.226 Loma Verde
 Sat 1 - 1:50 pm

Boys Gymnastics (all levels)
#4130.224 Loma Verde
 Sat 11 - 11:50 am

OTAY FITNESS CENTER

The Otay Fitness Center offers a variety of state-of-the-art equipment to meet specific fitness goals.

Quarterly Memberships:
 January 1 - March 31
 April 1 - June 30
 July 1 - September 30
 October 1 - December 31

Adult Fitness Membership 15 yrs. & over
 Unlimited use of the Fitness Center during operational hours (see page 3.)
 Fee: \$25 Resident / \$50 Nonresident

#4620.245 Otay

Youth/Teen Fitness 10 - 17 yrs.
 The main goal of this 8-week program to give youth of all fitness levels the benefits of physical fitness. Participants will develop confidence, self-esteem, social skills, athletic skills and improve overall health. Includes limited use of Fitness Center.
 Fee: \$15 Resident / \$18 Nonresident

Youth Fitness Team 10 - 12 yrs.
#4620.241 Otay
 Mon/Wed 4 - 5 pm

Teen Power Team 13 - 17 yrs.
#4620.243 Otay
 Tue/Thu 4 - 5 pm

Athlete Performance Enhancement
 Ages 13-18 years (8 weeks)
 Going out for a team at school? Want to learn how to train better? This class will show you the proper way to stretch, warm-up, cool down and train for a variety of sports. Instructor: Staff
 Fee: \$25 Residents / \$30 Nonresidents

#4620.247 Otay
 Tues/Thurs 5:15-6:15 pm

Morning Circuit
 Designed for beginners, this 12-week program uses 3 workout routines from leading exercise magazines. Routines will be fun and challenging and include both a cardiovascular workout, and strength training and toning. Includes body fat analysis, measurements, and a before and after photo. Work in a group for motivation and support. Fee includes Fitness Center Membership.
 Fee: \$42 Resident / \$53 Nonresident

#4620.248 Otay
 Mon/Wed/Fri 9:30 - 11 am

Adaptive Fitness Ages 16+
 This morning circuit workout program is designed for teens and adults with physical challenges. The workout will be fun, yet challenging, and will include strength training, toning, and cardiovascular work. Registration required. (12 weeks)
 Fee: \$42 Resident / \$53 Nonresident

#4620.249 Otay
 Mon/Wed/Fri 9:30 - 11 am

Therapeutics Programs

www.chulavistaca.gov/rec

Carmel Wilson C.T.R.S.
Recreation Supervisor II
(619) 409-5800

Annual Membership Fee

\$40 Residents / \$50 Nonresidents
September - August. Includes a T-shirt plus discounted admission for dances, field trips and programs. Membership is accepted at any program, or mail fee to:

**City of Chula Vista
Therapeutics Section
270 F Street
Chula Vista CA 91910**

Willing to Help?

The Therapeutics Section provides an excellent opportunity for individuals to lend a helping hand with various activities and programs. If interested, call Carmel Wilson at (619) 409-5800.

We'd like to hear from you...

The Recreation Department would like to expand its programs for children and adults with physical disabilities. Please call with comments/suggestions.

Kids Included Together (KIT)

A nonprofit organization that is designed to support programs that serve children with disabilities from a grant that provides funding. This grant will continue to provide Inclusion Aide assistance for children with disabilities.

Thursday Night Program

Ages 13+
CV Woman's Club 7 - 9 pm
A free, drop-in program for teens and adults with developmental disabilities. Activities include games, exercise, sports, music and special events. Group meets three times per month. Call to register.

Saturday Program

Ages 6+
Parkway Center 9 am - 12 pm
Free Saturday programs are for persons with developmental disabilities. Includes music, art, dancing, games, sports, field trips and special events. Register no later than the Thursday before the program. Group meets two times per month.

Mark Your Calendar! Special Events:

March 20 - March Madness
March 25 - Spring Variety Show
April 16 - San Diego Soccer Game
April 17 - Spring Fling
May 15 - Mother's Day Celebration

Cooking Class

Ages 6+
Parkway Community Center
A monthly cooking class for developmentally disabled participants. Learns "hands-on" cooking basics while preparing food to enjoy. Nutrition education and clean up skills are also included in this program. Registration is required. Class is limited to 8 participants. 12 - 1 pm; March 20, April 24, May 15
Fee: Members \$2 / Nonmembers \$4

Young Adults Cub

16 - 25 years
Loma Verde Recreation Center
Designed for active young adults with developmental disabilities. Focus on social interaction, leisure skills and community awareness. The fee and program location varies with the activity. Call to register: 1st & 3rd Friday 7 - 9 pm

NEW! Clay Creations

Ages 8+
Heritage Recreation Center
This 8-week ceramics class is designed for youth and adults with or without disabilities to develop creativity through ceramics. Introduces basic skills in hand building, wheel throwing and glazing. Begins in March. Call for more info.
\$40 Members / \$45 Nonmembers

Wheely Sports

Ages 8+
Otay Recreation Center
This free wheelchair sports program is designed for the active, sports-minded individual with physical disabilities. Learn to play wheelchair sports, increase fitness, meet new people and play competitive sports. Group meets three times per month. Call (619) 409-5800 to register.
Wednesdays 4:30 - 6:30 pm

Indoor Wheelchair Basketball

Ages 18+
Parkway Community Center
Open to wheelchair users and nonusers, however each player must use a wheelchair to play. Staff will loan chairs if needed. Athletes of all ability levels are needed. This program is in conjunction with the San Diego XPress wheelchair basketball team practice. FREE! Call to register.
Practice: Wed evenings 6:45 - 8:30 pm
Tournament play TBA.

Sunday Leisure Bowling

This bowling program is designed for active children, teens and adults with developmental or physical disabilities. Brunswick Premier Lanes, 845 Lazo Ct.
Fee: Members \$25 / Nonmembers \$35 (add \$6 bowling fee per week)
Sundays, March 7 - April 18
3:30 - 5:30 pm

Adaptive Fitness

Otay Recreation Center
This morning circuit workout program is designed for teens and adults ages 16 and over with physical disabilities. Otay Recreation Center offers a variety of state-of-the-art equipment to meet fitness goals. The workouts are fun, yet challenging and include strength training, toning and cardiovascular work. Registration is required.

Mon/Wed/Fri 9:30 - 11 am
Fee: Resident \$42 / Nonresident \$53

Hand Cycling

7 - 14 yrs.
Greg Rogers Elementary School
510 E. Naples Street, Chula Vista
This 5-week introduction to the Hand Cycling program is for children with physical disabilities. It is a great opportunity for participants to learn an adaptive outdoor sport while increasing strength and endurance. Fee: \$15
Tuesdays (call for dates), 3:30 - 5:30 pm



Spring Swimming Programs

Pools will be closed on May 31 in observance of Memorial Day.

Spring Swimming Classes

Session 1	April 26 – May 7	Session 4	June 7 – 18
Session 2	May 10 – 21	Session 5	June 28 – July 9
Session 3	May 24 – June 4 (No class on May 31)		

Parent and Tot

9 mos. – 3 yrs.

Parents join their children in the water for basic water adjustment and safety skills in a warm, enjoyable environment. Session Fee: \$27 Resident / \$41 Nonresident

Loma Verde Pool (Monday – Friday)

Session 1 – 4

#7005	5:15 – 5:45 pm
#7007	5:45 – 6:15 pm

Session 5

#7001	11 – 11:30 am
#7003	11:30 – 12 pm
#7005	5:15 – 5:45 pm
#7007	5:45 – 6:15 pm

Parkway Pool (Monday – Friday)

Session 1 – 4

#7002	4 – 4:30 pm
#7004	4:40 – 5:10 pm

Session 5

#7002	10:30 – 11 am
#7004	11 – 11:30 am
#7006	11:30 – 12 pm
#7008	4:50 – 5:20 pm
#7010	5:30 – 6 pm

Tiny Tots

4 – 5 yrs.

Water adjustment, safety skills and basic introductory swimming skills are presented in a fun, aquatic environment. Session Fee: \$27 Resident / \$41 Nonresident

Loma Verde Pool (Monday – Friday)

Session 1 – 4

#7105	5:15 – 5:45 pm
#7107	5:45 – 6:15 pm

Session 5

#7101	11 – 11:30 am
#7103	11:30 – 12 pm
#7105	5:15 – 5:45 pm
#7107	5:45 – 6:15 pm

Parkway Pool (Monday – Friday)

Session 1 – 4

#7102	4 – 4:30 pm
#7104	4:40 – 5:10 pm

Session 5

#7102	10:30 – 11 am
#7104	11 – 11:30 am
#7106	11:30 – 12 pm
#7108	4:50 – 5:20 pm
#7110	5:30 – 6 pm

Learn to Swim

6 – 16 yrs.

Level 1-7 swimming skills and personal safety skills for beginning, intermediate and advanced students. Session Fee: \$27 Resident / \$41 Nonresident

Loma Verde Pool (Monday – Friday)

Sessions 1 – 4

#7209	4 – 4:30 pm
#72011	4:40 – 5:10 pm
#72013	6:30 – 7 pm

Session 5

#7201	8:30 – 9:00 am
#7203	9:10 – 9:40 am
#7205	9:50 – 10:20 am
#7207	10:30 – 11 am
#7209	4 – 4:30 pm
#7211	4:40 – 5:10 pm
#7213	6:30 – 7 pm

Parkway Pool (Monday - Friday)

Sessions 1 – 4

#7202	5:20 – 5:50 pm
#7204	6 – 6:30 pm

Session 5

#7202	8:30 – 9 am
#7204	9:10 – 9:40 am
#7206	9:50 – 10:20 am
#7208	3:30 – 4:00 pm
#7210	4:10 – 4:40 pm
#7212	6:10 – 6:40 pm
#7214	6:50 – 7:20 pm

Adult Swimming Lessons

Swimming skills taught to all levels. Call each pool for times. Fee: \$35 Resident / \$45 Nonresident



Swimming Class Registration Information

If you were unable to take advantage of the mail-in process, you may register for swimming classes on a space available basis at the pool where the class is held from April 12, up to and including the first day of the desired class.

Early Bird Registration Until June 13

Take advantage of this opportunity--after June 13, prices revert to full cost.

Online Registration www.chulavistaca.gov/rec

Refunds

Be sure to double-check your session times and dates. Transfers and refunds will not be available.

Spring Aquatic Programs

www.chulavistaca.gov/rec

Single Use Pool Admission Fees

Senior Citizen	\$2.00
Adult	\$3.00
Child	\$2.00

Quarterly Pool Passes

Passes are available, and will be sold at the beginning of each quarter. Pass fees will not be prorated.

1. January - March
2. April - June
3. July - September
4. October - December

Adult Pass

Resident Fee:	\$50
Nonresident Fee:	\$75

Senior Citizen Pass

Resident Fee:	\$40
Nonresident Fee:	\$60

Ten Swim Pass

Resident Fee:	\$24
Nonresident Fee:	\$18

Annual Pass

Adult Resident:	\$175
Adult Nonresident:	\$262.50
Senior:	\$135
Senior Nonresident:	\$202.50

Lap Swim

This program is offered for participants who wish to swim laps or enjoy themselves in a comfortable, outdoor, heated pool setting. Bag check-in is not available during this program.

Monday - Friday 6 - 8 am
(Parkway Pool only.)

Monday - Friday 11 am - 1 pm
(Loma Verde Pool and Parkway Pool.)

Private Swimming Lessons

Private and semiprivate swimming lessons are available to all ages and abilities. To reserve your class or further information contact Loma Verde Pool at (619) 691-5081 or Parkway Pool at (619) 691-5088. Fee: \$200 for 10 one-hour sessions (up to three students).

Deep Water Exercise

Loma Verde Pool

No impact, cross training workout. This class employs modern methods of water exercise through walking, running and conditioning producing a cardiovascular workout perfect for everyone, regardless of swimming ability.

Instructor: P. Hagel

Mon/Wed/Fri. 12 - 1 pm

Resident fee: \$30/10 swims or \$4/visit

Nonresident fee: \$35/10 swims or \$5/visit

Water Aerobics

Loma Verde Pool

This program is designed for those individuals who are in rehabilitation, have back problems or arthritis or are just looking to achieve cardio respiratory fitness without subjecting the body to the stress and impact of walking or jogging on land, using the natural resistance and buoyancy of water.

Instructor: P. Hagel

Mon/Wed/Fri. 11 am - 12 pm

Resident fee: \$30/10 swims or \$4/visit

Nonresident fee: \$35/10 swims or \$5/visit

Master's Swim Program

Parkway Pool

Open to swimmers with skills above the beginning level that have the desire to become physically and mentally fit and to condition their bodies on a regular basis in a controlled aquatic environment. For information call (619) 691-5088.

Chula Vista Diving

Loma Verde Pool

Competitive springboard diving from beginner to expert (no age limit). For more information, call (619) 691-5081. Coach: T. Crosby

Recreational Swim

Begins June 28.

Let the fun and splashing begin for daily recreational swim. Family and child passes are available. Call (619) 691-5088 for more information.

Loma Verde Pool

1420 Loma Lane
Chula Vista, CA 91911
(619) 691-5081

Mark Basnight,
Aquatic Coord.

Eric Bonney,
Pool Manager

Parkway Pool

385 Park Way
Chula Vista, CA 91910
(619) 691-5088

Kelly Farr,
Pool Manager

Interested in renting a pool for a private party or special function? Facility rentals are available for reasonable rates.

Call your pool of choice for available times and details.



ATHLETIC PROGRAMS

www.chulavistaca.gov/rec

Parkway Gymnasium

385 Parkway 691-5084

Ted Nelson, Recreation Supervisor III

The Parkway Gym offers a variety of athletic activities for adults and youth throughout the year. There are shower and locker facilities at the gym for participants and equipment is available through a checkout system. The gym schedule is as follows:

Winter Gym Schedule:

Sun	Open Basketball	12 - 4:45 pm
Mon	Open Basketball	2 - 6 pm
	Badminton	6 - 9:45 pm
Tues	Open Basketball	2 - 6 pm
	Adult Coed Volleyball Leagues	6 - 9:45 pm
Wed	Open Basketball	2 - 6 pm
	Mens Basketball Leagues	6 - 9:45 pm
Thurs	Open Basketball	2 - 6 pm
	Open Volleyball	6 - 9:45 pm
Fri	Open Basketball	2 - 9:45 pm
Sat	Closed - Programmed use only	

Note: The gymnasium schedule may vary depending on programming requirements and special events conducted by the city. Scheduling can be verified by contacting the gym office.

ADULT LEAGUES

Organizational meetings for managers and/or players will be held at the Parkway Gym for the following leagues on the dates indicated. Individual players may attend the meeting or contact the gym office to be included on a "player referral list" given to teams needing players. Placement is not guaranteed, but every effort will be made to place interested individuals on teams.

Note: league fees subject to change.

Coed, Men's & Women's Slo-Pitch Softball

Managers Meetings:

Men	April 26	6 pm
Coed	April 27	6 pm
Women	April 28	6 pm

Games played weeknights at Discovery, Eucalyptus, Rohr, and Chula Vista Community Parks beginning the week of June 7.

Entry Fees (per team/ten game schedule):
\$365 Resident / \$485 Nonresident

Coed Volleyball

Registration begins May 3. Call (619) 691-5084 to register. Games will be played in the Parkway Gym on Tuesday evenings. Managers meetings will be scheduled after registration is complete. Entry Fees (per team/ten game schedule):
\$130 Resident / \$165 Nonresident

Adult Men's Basketball

Registration begins May 3. Call (619) 691-5084 to register. League begins in March. Games will be played in the Parkway Gym on Wednesday evenings. Managers meetings will be scheduled after registration is complete. Entry Fees (per team/ten game schedule):
\$410 Resident / \$510 Nonresident

Men's 35+ Basketball League

Registration begins May 3. Call (619) 691-5084 to register. League begins in March. Games will be played at the Community Youth Center (465 L Street) on Wednesday evenings. Managers meetings will be scheduled after registration. Entry Fees (per team/ten game schedule):
\$410 Resident / \$510 Nonresident

Senior Softball

Softball activities for players ages 50 and older are conducted weekly at Eucalyptus Park, located at Fourth Avenue and C Street.

Practice 50 & over:

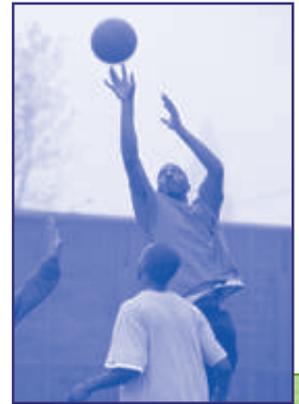
Mondays 9 am - 12 pm

Competitive League 55 & over:

Tuesdays & Fridays 9 am - 12 pm

Recreational League 50 & over:

For information on this league, call Roger Delisle at (619) 422-4551.



YOUTH SPORTS

All registration is processed on a first received, first processed basis. There are NO REFUNDS for these activities. Financial assistance is available on a limited basis during mail-in registration.

Steve Scott, Recreation Supervisor II

The purpose of the Youth Sports Program is to teach youth the fundamentals of each sport offered. All activities are open to inexperienced as well as experienced players. Instruction is coordinated to allow all players to learn the same basic skills. Our goals for the youth programs are to encourage participation, sportsmanship, and fun. All participants, parents and guests are expected to adhere to the code of conduct distributed with league materials and posted at all facilities. For information concerning activities or financial assistance, call 691-5084.

Youth Sports Certification Program

This fee-free program is designed to prepare youth for employment with the City's Recreation Department. Participants learn how to operate scoreboards and timing equipment, as well as learning fundamental rules and regulations of various athletic activities. The program combines classroom training, hands-on experience and job preparation through an internship program. Call the athletics office at (619) 691-5084 for more information.

Coed Indoor Soccer

The Recreation Department will be conducting coed soccer leagues at the Chula Vista Community Youth Center and other locations in Chula Vista. Requests for children to be placed on the same team for car pool reasons and requests for specific coaches and practice days cannot be honored. The program features fundamentals of the game. Registrations are processed on a first received, first processed basis. There are no refunds. Limited financial assistance is available. Games will be played on Saturdays, beginning April 3.

Mail-in Registration: Feb 2 - 13

Walk-in Registration: Feb 23 - Mar 19
Fee: \$35 Resident / \$44 Nonresident

Age Divisions:

A	Born 1989 - 1991
B	Born 1992 - 1993
C	Born 1994 - 1995
D	Born 1996 - 1997

Summer Youth Basketball

Players will be placed into one of five coed divisions according to their birth year, no exceptions. Practices will be held in late afternoon/early evening during the week. Games: Mondays, Fridays and Saturdays; first game is Saturday, June 19.

Mail-in Registration: April 26 - May 7
Walk-in Registration: May 7 - 21 (space-available basis.) T-shirt is included.
\$45 Resident / \$57 Nonresident

Age Divisions:

AA	Born 1986 - 1989
A	Born 1990 - 1991
B	Born 1992 - 1993
C	Born 1994 - 1995
D	Born 1996 - 1997

Chula Vista Track & Field Club

For boys and girls born between 1989 and 1997. The club teaches fundamentals of starting, sprinting, distance running, warming up and down, training techniques, long jump, high jump, softball throw, and the shot put. The club will meet at Hilltop High School beginning March 12. Include a T-shirt. Practices: Mondays / Fridays 4:30 - 5:30 pm.

Mail-in Registration: Feb 2 - Feb 13
Walk-in Registration: Feb 23 - April 9
Fee: \$30 Resident / \$38 Nonresident

Citywide Track & Field Championships

This is an open meet for all boys and girls born between 1989 and 1997. Top finishers qualify to compete in the SCMAF San Diego County Championships held May 8 at Otay Ranch High School. There are no refunds. Limited financial assistance is available.

Date: Saturday, April 10 at 9 am
Site: Chula Vista High School
Mail-in Registration: Mar 15 - 26
Walk-in Registration: Mar 29 - Apr 2
Fee: \$5 Resident / \$8 Nonresident

VOLUNTEER COACHES NEEDED!

The Athletics Section is currently recruiting volunteers to serve as coaches for the following youth programs: basketball (winter), coed indoor soccer (spring), and track & field (spring). Training is provided. All volunteer coaches are fingerprinted and screened by the Department of Justice in accordance with state law. Interested individuals please call (619) 691-5084.

Mail-in Registration
These activities have separate registration forms that may be picked up at any Recreation Center in the City of Chula Vista. The forms are available one week prior to the start of mail-in registration. Please DO NOT send in registration using the forms in this Brochure. Thank You!

Walk-in Registration
All registrations for youth sports programs will be taken on the dates specified for each activity at:
Parkway Gymnasium

385 Park Way
Monday - Friday
2 - 7 pm

Online Registration
Register for selected activities via the internet.

Please go to
www.chulavistaca.gov/rec
Click on the pop-up window to our registration service.

Senior Services

NORMAN PARK CENTER

270 F Street 691-5086
Karen Harvell,
Recreation Supervisor III

Kathy Wigginton,
Recreation Supervisor II

Norman Park Center offers an exciting array of educational courses, health programs, exercise, dancing and special events. Classes and special interest groups include but are not limited to singing; yoga; creative writing; coin collecting; T'ai chi; line, square, round and ballroom dancing; painting; watercolors and bridge. Many classes have open enrollment and do not require advance registration.

Hours of Operation

The center is open Sunday through Friday. Please call the center for exact hours.

Planning an Event or Party?

The Norman Park Center is available all day on Saturday and on Sunday evening for rentals. Call (619) 691-5086 for information.

Newcomer Orientation

Each month there is a newcomer orientation on the first Thursday at 11 am. Please bring a potluck dish to share and join us for lunch at 12 noon.

Commission on Aging

March 10 3 pm
April 14 3 pm
May 12 3 pm

The commission is committed to addressing the concerns and meeting the challenges that face seniors and adults with disabilities in the community. Commission meetings are open to the public. We welcome comments and concerns.

Chula Vista Senior Club

Norman Park Center. Serving the residents of Chula Vista. Neighboring community members may join as donor members. The Club has a \$3 annual membership fee.

Oxford Seniors on Fridays

Boys & Girls Club
333 Oxford Street
Serving the residents of the Montgomery area of Chula Vista.
\$2 annual membership fee.

Trips with the Senior Club

The Chula Vista Senior Citizen Club operates a trip program at the Senior Center. The office is open Mon/Wed/Fri from 10 am - 1 pm. For more information call 476-5356.

Extended Trips

Branson in the Spring:
April 12 - 16
Mackinac Island & Holland Tulip Fest:
May 7 - 16
Catalina Getaway:
June 2 - 4

Day Trips

Hello Dolly:
March 10
Wisterial Festival & LA Arboretum:
March 14
Springtime in Borrego:
March 25
Day Out in Fallbrook:
March 31
Nursery Hopping:
April 21
Tryn Studios & Viejas:
April 28

Dates to Remember

All events require advance sign up or ticket purchase.
March 3: Hearing & Balance Lecture
March 25: Birthday Party
April 17: Rummage Sale
April 29: Fashion Show
May 13: Memories Tea
May 22: Open House
May 27: Older Americans Month Party

Grupo Latino

Join a social group for fun and entertainment. 12:30 pm, 2nd Wednesday & 4th Friday each month.

Sing-a-longs

Join Norman Park's Singing Seniors by the fireplace for singing and entertainment. 2 pm, 3rd Tuesday each month.

Volunteer Opportunities

The Senior Program has numerous opportunities for individuals to work with staff to develop and oversee programs and services. A great opportunity for someone looking to be part of our team! Please call Kathy Wigginton at (619) 691-5086 or (619) 409-5890.

Creative Writers Group

If you enjoy writing stories and want to explore your creative side, this fun class is for you!
Tuesdays 2 pm

Amateur Photo Group

Learn the basics of composition and photography that will turn a snapshot into a photograph to be proud of.
1st & 3rd Friday 10 am

Scootin' Scooters

Learn the techniques of maneuvering around town in a scooter or wheelchair; discuss equipment and enjoy socializing with friends.
3rd Friday 1 pm

Ukulele Singing Group

Come join the ukulele singing group. We have ukuleles to use, so you don't need your own to get started!
Tuesdays 10 am

Transportation for Seniors

Lutheran Social Services, located upstairs at Norman Park, has volunteers who will take seniors to doctor appointments, the grocery store, pharmacy, the bank, Kaiser Zion, Veterans Hospital, and Norman Park for \$3 each way. This program is free for persons who are low income. Registration is required ten (10) days in advance of your first ride, with five (5) days in advance thereafter. For more information, call (619) 476-7055.

Community Outreach

Teams of two are going door to door to residences and local business to inform about free or low-cost services available to senior citizens and disabled adults. Directories of nonprofit agencies that help keep the elders in the community independent and safe are being distributed. Staff is also available for speaking engagements at your next gathering. Call the Norman Park Center at (619) 691-5086 for more information.

Are You OK?

Do you have a friend or relative that you check on who lives alone? Is it getting harder to check on them, but you don't know how else to help? Norman Park Center offers a free phone service called "Are You OK?" At a specific time each Monday through Friday morning, we call to make sure the people enrolled in the program are still safe and sound. Staff will be happy to answer your questions about this and other free programs designed to keep older adults independent and safe. Together we can make a difference.

Vial of Life

Project CARE's Vial of Life program gives you a record of all your prescription and over-the-counter medications. This magnetized plastic box adheres to your refrigerator door and can be given to paramedics or be taken with you to the doctor's office. We also offer regular appointments to speak with a local pharmacist about your prescription concerns.

Please join us for "Vial of Life" and "Are you OK?" open registration at Norman Park Senior Center on the following dates:
Thursday April 15

Minor Home Repair

Assists you with health & safety repairs in your home or mobile home. This is a program for low-income homeowners to keep them safe and independent. Call (619) 476-7055 for more information.

Income Tax Preparation Assistance

The AARP's income tax volunteers will be at Norman Park Center to fill out federal and state forms beginning in February. Individuals will be served free of charge, on a first come, first served basis. Call the center for details at (619) 691-5086. Volunteers will not be available after April 15. Contact the IRS or the State Franchise Tax Board with any problems you may have with your return.

CLASSES FOR SENIORS

The following classes are taught at the Senior Center. Some are taught in collaboration with area adult schools. For registration or more information, call (619) 691-5086.

Square Dance Class

Fridays 7 - 9 pm
Fee: \$2 per class

Tai Chi Class

Wednesdays
Beginners 9 am
Intermed/Advanced 10 am

Casual Crafters

This craft class makes items for Community Assisted Living Facilities.
Wednesdays 9:30 am
Instructor: J. Oliver

Spanish Language

Wednesdays/Fridays 9:45 am

Ballroom Dance Class

Learn Tango, Fox Trot, Waltz & Swing.
Fee: \$2 Resident / \$2.50 Nonresident
Mondays 1 pm

Country Line Dance Class

Fee: \$3 Resident / \$3.75 Nonresident
Beginners 11 am
Intermediate 10 am

Strength Training

Fee: \$1 per class
Wednesdays 6 pm
Instructor: K. Bodge

Yoga

Fee: \$1 per class
Wednesdays 7:15 pm

ADULT EDUCATION CLASSES

Watercolors (Free)
Mondays 9 am

Exercise (Free)
Mon - Thu 8 am

Yoga (Free)
Fridays 8 am

Yoga (\$25 per semester)
Thursdays 5 pm and 7:15 pm

SENIOR SERVICES

AROUNDTOWN ADULT CLASSES

Villa Serena

1231 Medical Center Dr. (619) 934-8001

“Feeling Fit Club” Exercise

M/W/F 11:30 am - 12:30 pm

Congregational Towers

288 F Street (619) 420-8700

Exercise

Tue & Thu 12:30 - 1:30 pm

English as Second Language

M/W/F 2 - 4 pm

Check with your neighborhood community center regarding ceramics, exercise, yoga, tai chi, as well as other classes they offer for adults.

COMPUTER LEARNING CENTER

Senior Net

Classes on the Internet, word processing, basic computer skills, digital cameras, card making and email are offered in the Computer Learning Center. The annual membership fee is \$40. Information is available at the Center Mondays & Wednesdays from 10 - 11:30 am, and Thursdays from 12 - 3 pm. Class fees are \$20 for residents, \$25 for nonresidents. The Learning Center is always looking for volunteers to teach the developed text, provide technical assistance or supervise the labs. Classes are on-going.

55 Alive Drivers Training

Fee: \$10

Mar 17 & 19 12:30 - 4:30 pm

April 16 & 20 12:30 - 4:30 pm

May 19 & 21 12:30 - 4:30 pm

Call (619) 641-7020 to register.

Info, Referral & Social Services

Norman Park provides numerous services for seniors and their families by utilizing community agencies and trained volunteers. The center also has extensive resources and references to assist in addressing the needs of seniors in the community. Some of the services offered at the center include notary, support for the vision impaired, legal services, shared housing, Meals on Wheels, transportation services for persons with disabilities who qualify, health insurance counseling, health screening and bereavement support.

Beginning Bridge Class

This 4-week class is for both the beginner, and for those who would like to brush up on their skills. The Audrey Grant Cub Series Volume 1 textbook is required and can be purchased on the first day of class. Call (619) 222-5294 for more information. Registration required. Instructor: Barbara Sholte
\$25 Residents / \$31.25 Nonresidents
Tuesdays
12:30 - 2:30 pm

Play & Learn Bridge

This 4-week class is for experienced players. Registration required. Instructor: Barbara Sholte
\$25 Residents / \$31.25 Nonresidents
Tuesdays
2:30 - 4:30 pm



Directions & Connections for people over 50

LIFE OPTIONS ANNEX

www.lifeoptionssouthbay.com

The Life Options South Bay program provides connections for persons over 50. Life Options is a resource for learning opportunities and a resource for channeling skills and talents into significant community service.

The Life Options Annex is located in the game room at Norman Park. It has a computer and lounge area comfortable for people to gather and talk about and explore their interests.

The www.lifeoptionssouthbay.com website is a reference guide for retirees and persons nearing retirement interested in expanding opportunities in the areas of education, health, second career training, job opportunities, fitness, recreation, travel and volunteerism. This project is a collaboration with Southwestern College, The City of Chula Vista Norman Park Center and the Chula Vista Coordinating Council.

The theme of Life Options is a focused determination to make the latter third of life productive, satisfying and rewarding. Volunteers with experience or interest in community groups, volunteerism, website maintenance, marketing, advertising and counseling are needed. The annex has volunteers available to assist you on Mondays and Tuesdays from 9 am - 3 pm. Volunteers for this program meet monthly. Call the center for information.

MIDDLE & ELEMENTARY SCHOOLS

MIDDLE SCHOOL

Rosemary Brodbeck
Recreation Supervisor II
(619) 691-5052



Club TC (Teen Connection)

After School Program

The Chula Vista Recreation Department, in conjunction with the Sweetwater School District, is conducting an after school program at four middle schools throughout the city. The program is additionally funded by the Critical Hours Grant and is FREE to participants. Activities include: sports, crafts, homework help, games, special events, field trips, specialized classes, and much more. The program is free.

Castle Park Middle School

Mon - Fri 4 - 6 pm

Chula Vista Middle School

Mon - Fri 4:15 - 6:15 pm

Hilltop Middle School

Tues - Fri 3:15 - 6:15 pm

Mon 2:15 - 5:15 pm

Rancho Del Rey Middle School

Mon - Friday 3:30 - 5:30 pm

After School Basketball League

For seventh and eighth grade students at all Middle School After School sites. The program includes instruction on the fundamentals of shooting, dribbling, defensive and offensive strategies and other basketball skills. Practice will be held during the After School

Program at individual sites. Games will be held Saturday mornings at Parkway Gym starting mid-March.

Registration: March 8 - 19

League Begins: Mar. 27

Fee: \$15 (includes T-shirt)

Registration forms are available at the After School Program.

ELEMENTARY SCHOOL

DASH (Dynamic After School Hours)

The City of Chula Vista, in cooperation with the Chula Vista Elementary School District, conducts the DASH Program at 21 elementary school playgrounds for children in 1st through 6th grades.

The program operates Monday through Friday, on school days only, for 2 hours (from the lower grade dismissal time).

The program runs for 3 hours on schools' regularly scheduled minimum days.

The DASH program includes sports clinics (soccer, track and field, lacrosse, ultimate Frisbee, flag football and field hockey), arts and crafts, cooperative/initiative games, weekly challenges and traditional playground games. DASH program leaders conduct structured activities for approximately 50 children each day. For more information, please contact DASH Program Supervisors, Keith Quigley at (619) 585-5779 or Audra White at (619) 585-5730.

Allen	Arroyo Vista
Casillas	Clear View
Cook	Discovery
Chula Vista Hills	EastLake
Halecrest	Heritage
Hilltop	Kellogg
Marshall	McMillin
Olympic View	Parkview
Palomar	Greg Rogers
Rosebank	Tiffany
Valle Lindo	

STRETCH

(Safe Time for Recreation Enrichment & Tutoring for Children)

STRETCH is a literacy and arts enrichment program offered as an extension of the school day for 1st through 6th grade elementary school children. The program is a partnership between the City of Chula Vista and the Chula Vista Elementary School District.

STRETCH is designed to give an academic boost to students who need it most by providing them with a stimulating, literacy-rich, after-school environment. Parents enroll their children through the participating schools. Enrollment is limited to 60 - 80 students per school. Waiting lists will be maintained.

For more information contact the School Site Coordinators at each school or the STRETCH Supervisor, Christy Bystrak at (619) 585-5721.

In 2003-2004 STRETCH will be offered at the following seven schools:

Harborside	Lauderbach
Loma Verde	Montgomery
Mueller	Otay
Rice	

CHULA VISTA PUBLIC LIBRARY

Civic Center Branch

365 F Street 691-5069
Monday - Thursday 10 am - 9 pm
Friday & Saturday 10 am - 6 pm
Sunday 1 - 5 pm

EastLake Branch

1120 EastLake Parkway 656-0314
(EastLake High School Campus)
Monday - Thursday 3:30 - 8 pm
Friday & Sunday CLOSED
Saturday 10 am - 4 pm

South Chula Vista Branch

389 Orange Ave. 585-5755
Monday - Thursday 10 am - 8 pm
Friday & Saturday 12 - 6 pm
Sunday 1 - 5 pm

HOLIDAY SCHEDULE

All branches will be CLOSED on the following dates:

March 31 Cesar Chavez Day
April 11 Easter Sunday
May 31 Memorial Day

TAX ASSISTANCE

To help prepare federal and state income taxes before the April 15 filing deadline, the Chula Vista Public Library is offering several services for residents.

All three branches have free CD-ROMs that include tax forms and instruction booklets that can be used at home. There are also paper copies of the basic tax forms and booklets available. In addition, personal tax assistance is offered at the Civic Center and South branches on a first-come, first-served basis. For more information or the tax assistance schedule, call your local library branch or visit the Web site at www.chulavistalibrary.com.

COMPUTER CLASSES

Civic Center Branch

(Registration required.)
All classes are from 9:30 - 11 am

Introduction to E-mail
March 18

Introduction to Computer Basics
April 22

Introduction to the Internet
May 20

South Chula Vista Branch

(Registration required.)
All classes are from 10 - 11:30 am

Introduction to Computer Basics
March 13 (Spanish), May 8

Introduction to E-mail
April 2

CHILDREN'S PROGRAMS

Civic Center Branch

Dr. Seuss Story Time
March 3 at 10 am

Luck of the Irish Story Time
March 17 at 10 am

Joe Mystic Magic Show
April 21 at 10 am

Mother Goose Tells Tales
May 5 at 10 am

South Chula Vista Branch

Darwin's Snakes
March 13 at 2 pm

Ms. Flora Ide, Cavity Buster!
March 14 at 2:30 pm

Icarus Puppeteers
April 10 at 2 pm

Craig Stone's Magic Show
May 8 at 2 pm

EastLake Branch

Dan O'Connor's Music for Children
March 20 at 10:30 am

Mad Science
April 17 at 10:30 am

Darwin's Snakes
May 15 at 10:30 am

STORY TIMES

Baby Time (ages birth to 3 years)

Civic Center Branch
Thursdays at 10:30 am
South Chula Vista Branch
Wednesdays at 10:30 am
EastLake Branch
Every other Saturday at 10:30 am

Preschool Story Time (3 to 5 years)

Civic Center Branch
Wednesdays at 10 am
South Chula Vista Branch
Tuesdays at 10:30 am and 5 pm
EastLake Branch
Mondays at 6:30 pm
First Saturday of the month, 10:30 am

Puros Cuentos (Spanish language)

Civic Center Branch
Second Saturday of the month at 2 pm
South Chula Vista Branch
Mondays at 6:30 pm

Pajama Story Time

Civic Center Branch
First Thursday of the month at 7 pm

TEEN PROGRAMS (all branches)

Library Teen Council

"We make a difference."
Join our team of middle and high school students who are the voice of our teen population by planning and promoting teen programs, workshops and community outreach opportunities." Don't miss out, join today at any of our branch locations!

Tuesdays: March 9, April 12, May 11
4:30 - 6 pm
South Chula Vista Branch Library
Meeting Room B

Tuesday Night Tutors

Are you middle or high school student needing assistance with homework or studying? Drop in for FREE help—no appointment is necessary. Every Tuesday evening from 6 - 8 pm.
Civic Center Branch Conference Room
South Chula Vista Branch Arturo Barrios Young Adult Room

Civic Center Branch

The Art of Henna
March 24 at 7 pm (Registration recommended—Call 691-5063)

Teen Stargazing

May 19 at 7 pm (Registration recommended—Call 691-5063)



South Chula Vista Branch

Teen Easter Egg Guessing Contest

March 29 through April 9.

Teen Poetry Café

April 1 at 6 pm

BOOK DISCUSSION GROUPS

“Let’s Talk About Books”

Discussion Group meets at the Civic Center Branch, Conference Room from 10:00 to 11:30 am. For more information, contact Susan Watry at 427-7493.

March 25: Prodigal Summer

by Barbara Kingsolver

April 22: Iris and Her Friends

by John Bayley

May 27: The Journey Home

by Olaf Olafsson

Evening Book Discussion

Every 2nd Tuesday of the month from 7 to 8:30 pm at the Civic Center Library, Local History Room.

For more information, contact Kim Laru at 691-5289.

March 9: The Bonesetter’s Daughter

by Amy Tan

April 13: Daughter of Fortune

by Isabel Allende

May 11: Life of Pi

by Yann Martel



CONCERTS AND CULTURAL PROGRAMS

2nd Avenue Klemzer Ensemble

Civic Center Branch Auditorium
March 15 at 7:30

Chula Vista Children’s Choir

Performs Kipling’s “Elephant Child”
South Chula Vista Branch,
Rosemary Lane Galería
March 21 at 3 pm

Baja California Orchestra’s Wind Ensemble

South Chula Vista Branch,
Rosemary Lane Galería
April 16 at 7 pm

ROSEMARY LANE GALERÍA

South Chula Vista Branch Library

SUSHD Students Visual Arts Show

February 24 – March 31, 2004

Chula Vista Art Guild

Annual Grumbacher Exhibition
April 2 – May 14, 2004

Tom Courbet: Digital Photography

May 18 – June 25, 2004

GENEALOGY SOCIETY

The Chula Vista Genealogical Society meets the last Monday of the month at 10am in the Civic Center Library auditorium. They also conduct family research assistance meetings every Monday 10am-12pm, Wednesday 12 pm to 2 pm, & Thursday mid-day, near the library’s Family Research collection. These meetings are free and open to the public seeking help with genealogical research. The Genealogical Society’s Computer Group also meets every 3rd Wednesday of the month, at 10 am. The Society’s board meeting is held every 2nd Wednesday of the month.

HERITAGE MUSEUM

Collects, displays and preserves materials of local historic interest to the South San Diego Bay communities. For museum hours, or information on becoming a volunteer; call (619) 691-5289.

FRIENDS OF THE CHULA VISTA PUBLIC LIBRARY

By becoming a Friend of the CV Library, you help make the library a vital community resource. The Friends sponsor library programs and underwrite the Children’s and Teen’s Summer Reading Programs. Membership forms available at any branch library.

Used Book Sale

Civic Center Branch Conference Room
March 6, 10 am to 3 pm
March 7, 1 to 3 pm



Boys & Girls Club of Chula Vista

MISSION STATEMENT

“To provide positive activities and opportunities to develop the health, self esteem and character of the youth of our community, enabling them to reach their fullest potential.”

WELCOME...to the Boys & Girls Club of Chula Vista, a nonprofit, youth development organization dedicated to promoting the physical, social and the educational development of children. The Club is a caring place where children can go to learn new skills, build self-esteem and develop values that will help them as they grow to adulthood. The Club is staffed by a number of full-time professional youth workers and volunteers who care about young people.

Club Membership

Membership entitles the member to attend the Club each day and participate in a wide variety of classes, trips and daily activities.

How to Join the Club

Complete a membership application for each child and present the application and the annual \$50 membership fee (reduced rates for additional family members) to the Membership Clerk. Memberships are valid for one year and are nonrefundable. No one is turned away for inability to pay - Scholarships for membership are available.

Who Can Join the Club?

Any boy or girl grades 1 - 12, or ages 6 - 18. (Please review following pages for programs for younger children.)

Open Door Policy

The Club has an open door policy which allows Club Members to enter or leave the Club facilities as they choose. Parents who wish for their child to remain at the Club must instruct their child to do so. The open door policy does not apply to Preschool or Day Camp programs.

Programs & Services

The Club offers many programs and services not listed in this brochure. Check with the front desk for additional information, applications, permission slips, and program schedules. Other informational flyers are also available.

Social Recreation

A variety of activities are offered each day to test the members' skills. Come in and play checkers, chess, or pool. If you don't know how to play, there are clinics to learn to play those games as well as contests & tournaments to participate in.

Gymnasium/Playground

The gym is a fantastic place to join in fun activities such as wiffleball, "Nerf" football, jump rope, Frisbee, badminton, volleyball, open basketball and much more. The playgrounds offer 2-square, flag football, hopscotch, tetherball and lots of fresh air fun.

(The gym is at the Oleander Branch)

Operation Connect

"Club Tech" Computer Centers offer fun and excitement at all three club sites with our new computer learning program. Members will learn the basics and more about computers and safe internet use. Activities include using computers with music, art, photography, making presentations, research, and exploring education in a fun way.

Early Morning Care

Before school care begins at 6:30 am to assist those parents who work early morning shifts. Call (619) 421-4011 ext. 21 to see if your child's school is included. Weekly fee: \$35

After School Transportation

Transportation and walking programs are available to students from the following elementary schools: Castle Park, CVLCC, Greg Rogers, Heritage, Lauderbach, Loma Verde, Mueller, Otay, Palomar, Parkview, Rice, Rohr, Valle Lindo, Harborside, and Hedenkamp.

Club members participating in the after school transportation/walking program meet Club staff at a designated area at their school where the members are then transported or escorted to the Club site.

Fees range from \$30 - \$40 per month, depending on service provided. Please call (619) 421-4011 ext. 21 for details.

SPECIAL ACTIVITIES

Oleander Clubhouse

1301 Oleander Ave. (619) 421-4011

Spring Daycamp

Provides a safe and fun program for children 6 years and up. Campers will participate in daily activities such as arts & crafts, woodshop, sports and games, tournaments, special events and field trips. All daycampers must attend the field trips.

Camp hours: 6:30 am - 2 pm, Mon. - Fri. Campers may remain until 6 pm at no additional cost. \$120/week (\$10/week discount when paid Friday before week of service.)

March 22- 26

March 29 - April 2

April 5 - 9

April 12

1-day session / \$20

Please call (619) 421-4011 ext. 10 for further information.

Hours of Operation

Mon – Thurs 2 - 6 pm

Friday 1 - 6 pm

Oleander Center

1301 Oleander Avenue
Chula Vista, CA 91911
(619) 421-4011

Lauderbach Center

333 Oxford Street
Chula Vista, CA 91911
(619) 407-4774

Feaster-Edison

Charter School
670 Flower Street
Chula Vista, CA 91910
(619) 421-4011 ext. 17

Staff

President & CEO
John Clingan

Business Manager
Janet Masters

Preschool Director
Diane Taylor

Lauderbach Center Branch
Director: Patty Brambila

Oleander Branch
Director: Henry Cross

Feaster-Edison Branch
Director: Danielle Harris

Skate Park Director
Aaron Churder

Special Activities

Homework Center

Get help at the Club! Members may bring their homework in for help. Members are strongly encouraged to complete homework upon arrival each afternoon. Tutoring is also available for those who need special help. Ask staff for details.

Woodshop

Experience hands-on woodworking in our brand new woodshop. Members will have the opportunity to design and build a variety of projects under the guidance of woodshop director, Ben Morin. Projects are divided according to age/skill level. For more information come on in or call (619) 421-4011 ext. 14.

SMALL WONDERS PRE SCHOOL

The Club recognizes that the first years of life reflect the most rapid physical and mental growth of the child, requiring a wide variety of activities incorporating social and mental interaction. At Small Wonders, the child's self esteem is promoted through a stimulating environment and an individualized curriculum model. The main objective is to provide an affordable, quality child care program designed to provide a happy, carefree environment for children ages 2 1/2 to 6 years old. Breakfast, lunch, morning and afternoon snacks are included. Fee: \$25 Registration / \$120 Full-time. Ask about the Kindergarten Program by calling (619) 421-4022. (A licensed Pre School and Child Care Program; License #370806181)

SPECIAL ACTIVITIES

Lauderbach Clubhouse

333 Oxford Street (619) 407-4774

Daycamp (at Oleander Clubhouse)

Winter Break

6:30 am - 6 pm

Daycamp provides a safe and fun program for children 6 - 13 years of age. Campers enjoy an array of structured activities and attend many field trips. Breakfast included. Call (619) 407-4774 for fees and more information.

Early Morning Care

Before school care & transportation to their school site. Includes breakfast. Fee: \$35 per week.

Spring Soccer

This is a free league for our members in grades 2 - 6. Activities include instruction on fundamentals of soccer. Teamwork and good sportsmanship will be stressed.

Homework Stars

Members log their homework hours with gold stars to qualify for weekly raffles, field trips and other social events.

Arts & Crafts

Paint, cut, paste... That's what Arts & Crafts are about! Plaster, paper, beads and recycled items are used to develop creative thinking.

Cooking Class

Members learn how to make use of the kitchen, appliances, and items within their cabinets while participating in culinary activities ranging from baking cupcakes to creating sushi rolls.

Cheerleading

Coed cheerleading for members interested in becoming part of a squad to "cheer" Lauderbach Teams to victory.

Nike P.L.A.Y Daily Challenge

The year found fitness program contains a series of challenges designed to encourage daily exercise and physical fitness. This is accomplished by teaching and testing the athletic skills for Club members in different activities.

Girls Group

Girls participate in activities designed just for them! Crafts, dance, sports, field trips, and special friendships. 3:30 - 5:30 pm Mon - Fri

Friends 'n Pals Kindergarten

Designed to complete the kindergarten student's day, this program is available for both morning and afternoon kindergarten students. The bilingual program emphasizes social skills, movement and rhythm, science, homework help and more. Transportation to and from school is provided. Breakfast, lunch and snacks are included. This program is available for students at Lauderbach, Charter, Harborside, & Mueller Schools. Fee: \$70/week (full time only)

Feaster-Edison Charter School

(619) 421-4011 ext. 17

Membership at this location is limited to students of Feaster Edison Charter School.

Hours of Operation:

6:30 - 7:30 am Mon-Fri

3:15 - 6:15 pm Mon/Tues/Wed/Fri

1:30 - 6:15 pm Thurs

Fee: \$5 per school year

The following activities are available:

- Before school care
- After school program
- Seasonal sports
- Homework help
- Cheerleading
- Ballet/Jazz dance lessons
- Tournaments
- Life skills groups
- Day camps
- Piano lessons
- Homework center

For further information, Boys & Girls Club staff members are available at the school site after school or you may call (619) 421-4011 ext. 17.

LEN MOORE SKATEPARK

1301 Oleander Ave (619) 421-4011 x12

The new 55,000 square foot skatepark also features a fully stocked skateshop, lights for night skating, shaded bleachers and a snack bar. For ages 6 and up.

Equipment required:

Helmet, knee pads, elbow pads (rentals available.)

Fees:

Member \$4 / Nonmember \$10

10-session pass: \$30 (members only)

Annual Membership: \$25 (includes T-shirt, program discounts, and photo ID)

Monday - Friday

Session 1 2:45 - 5:45 pm

Session 2 6 - 9 pm

Saturday

Session 1 11:30 am - 2:30 pm

Session 2 2:45 - 5:45 pm

Session 3 6 - 9 pm

Sunday

Session 1 11:30 am - 2:30 pm

Session 2 2:45 - 5:45 pm

(Skaters under 18 must have a parent or legal guardian sign the "Hold Harmless/Medical Release" in person on the first visit.)

SOUTH BAY FAMILY YMCA

1201 Paseo Magda
Chula Vista, CA 91910
619-421-8805
<http://southbayymca.org>

Main Facility

1201 Paseo Magda, Chula Vista
Gymnastics Center
3804 Main Street, Suite #7, Chula Vista

Satellite Offices

50 Fourth Avenue, Chula Vista

Teen Center

820 Paseo Ranchero, Chula Vista

MISSION

The South Bay Family YMCA is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through development of spirit, mind, and body.

THE YMCA FAMILY

The South Bay Family YMCA is an association of people of all ages, ethnic origins, religious affiliations, and socioeconomic levels who are unified by a common purpose of strengthening and enriching their mental, physical, and spiritual well being. The South Bay Family YMCA is fellowship based on Christian values whose mission is to provide opportunities for growth through programs, services and leadership. We do this by offering programs which:

- Develop the inner strengths and interpersonal skills of youths
- Enhance the health and fitness of children and adults
- Strengthen the family unit
- Enhance cultural diversity
- Enhance the personal lives of young and older adults

FINANCIAL ASSISTANCE

The YMCA welcomes people of all socioeconomic backgrounds. Financial Assistance is available for those who can demonstrate financial need and proof of residency. Funding is provided through donations to the YMCA. Confidential applications are available at the Courtesy Counter. Please allow 3 weeks for processing and approval.

YMCA PROGRAMS

The YMCA offers a wide variety of programs designed to build strong kids, strong families, and strong communities. All of our programs are available to members and participants of all ages.

- Aquatics: swimming lessons, lap swimming, open swim, swim team, water aerobics
- Family Childcare: before and after school on-site childcare at most Chula Vista Elementary School District schools, Toddler Center
- Day Camps: school break and summer traditional and specialty day camps
- Literacy: helps children enhance their reading ability
- Teens: clubs, camps, events, service projects, sports leagues, and social activities
- Fitness: group exercise, strength training, and cardiovascular conditioning
- Martial Arts: Tae Kwon Do
- Dance: ballet, fitness-movement
- Gymnastics: lessons, team, tumbling, competitive cheer team
- Sports: flag football, basketball, soccer, roller hockey, t-ball, golf
- Active Older Adults: fitness, educational, and social
- Parent-Child: Adventure Guides
- Volunteers: several opportunities available

For more detailed information and for a free program brochure please call 619-421-8805 or visit our website at <http://southbayymca.org>.

NOW UNDER CONSTRUCTION & COMING SOON:

New Weight Room • New Kidz Zone
New Multi-Purpose Room



SOUTH BAY FAMILY YMCA
We build strong kids, strong families, strong communities.

Executive Director
Tina Williams

Associate Executive Dir.
Annette King

Department Head
Tony Fajardo

Department Head
Sheri Greene

Department Head
Dalvon Logan

Membership Director
Dan Montoya

Active Older Adults Dir.
Sandra McMillan

Aquatics Director
Johanna Pope

Building Superintendent
Harold King

Camp Director
Debbie Apfel

Childcare Directors
Wendi Stith
Vicky Rodriguez

Gymnastics Director
Tina Breen

Program Registration
Leticia Puga

Teen Program Director
Rodney Garcia

Youth Sports Director
Abbey Smith

Reservine City Facilities

www.chulavistaca.gov/rec

Picnic Areas

The City of Chula Vista has 41 public parks providing a variety of amenities at no cost, such as picnic areas and play equipment. However, an optional picnic reservation is available for Chula Vista Community, Cottonwood, Eucalyptus, Heritage Park, Marisol, MacKenzie Creek, Rohr, Terra Nova, Voyager, Hilltop, and Harvest parks. Reservations are accepted year-round.

Air jumps and pony rides are allowed at 16 of the parks. For exact locations, please refer to the parks amenities matrix on page 32.

There are large park shelter/gazebos which can accommodate a maximum of 200 people at MacKenzie Creek, Rohr, Terra Nova and Voyager parks.

There are several sites which can accommodate a maximum of 100 people. These sites are Cottonwood, Harvest, Rohr Park, and Heritage Park.

There are small sites which can accommodate a maximum of 50 people: Chula Vista Community, Eucalyptus, Hilltop, Marisol, MacKenzie Creek, Rohr, and Voyager parks.

Persons who wish to reserve picnic areas can do so at the Public Works Center, 7 am - 3 pm, Monday - Friday. Reservations must be made 2 business days in advance, no exceptions. Sorry, telephone reservations cannot be accepted. Those wishing the resident rates must show proof of residency, such as a driver's license with the current address listed. If the customer does not have the current address, a current utility bill may be substituted. Full payment must be made at the time the reservation is made (deposit plus reservation fee).

Areas that are not reserved can be used on a first-come, first-served basis at no charge. It is highly recommended that reservations be made, especially for weekends.

No keg beer, glass containers or amplified music are allowed in any City of Chula Vista park. A complete set of park rules can be obtained at the Public Works Center.

The Public Works Center has moved to 1800 Maxwell Road. Because the new office is located several miles from the Civic Center, residents are asked to call **(619) 397-6197** before driving to the Center for services.

Need a Gym?

The Parkway Gymnasium, Otay Recreation Center, and Chula Vista Community Youth Center are available for groups to use on a rental basis for athletic activities such as basketball, volleyball, badminton, etc. Companies, clubs or organizations interested in making use of these facilities may refer to the telephone listing on the next page.

Pools

Interested in renting a pool for a private party or function? Call the pool of your choice for details and prices.

Community Center Reservations

For indoor use, the Chula Vista Youth Center, Heritage, Loma Verde, Parkway and Otay Community Centers, the Norman Park Senior Center, and the Chula Vista Women's Club are available for weddings, birthdays, meetings, etc.

The Loma Verde Recreation Center and the Norman Senior Center each have main halls suitable for receptions of up to 250 people, plus smaller rooms for meetings of up to 50 people with kitchen facilities*.

Alcoholic beverages are not permitted in Loma Verde, Parkway, Otay, the Chula Vista Community Youth Center and the Heritage Center. Alcohol is permitted at certain functions in the Chula Vista Women's Club and the Norman Park Senior Center.

Call each center for complete information concerning rules, rental fees, room availability and capacity.

*Kitchen facilities are for warming food only. Health regulations prohibit the cooking of food in any of our facilities.

Sports Fields

Softball fields in four of the City's parks are available for rent on an hourly basis. Contact the Athletics Office at 691-5084 to reserve ball fields in Chula Vista Community, Discovery, Eucalyptus and Rohr parks.

A soccer field at Voyager Park is also available for rent through the Athletics Office.

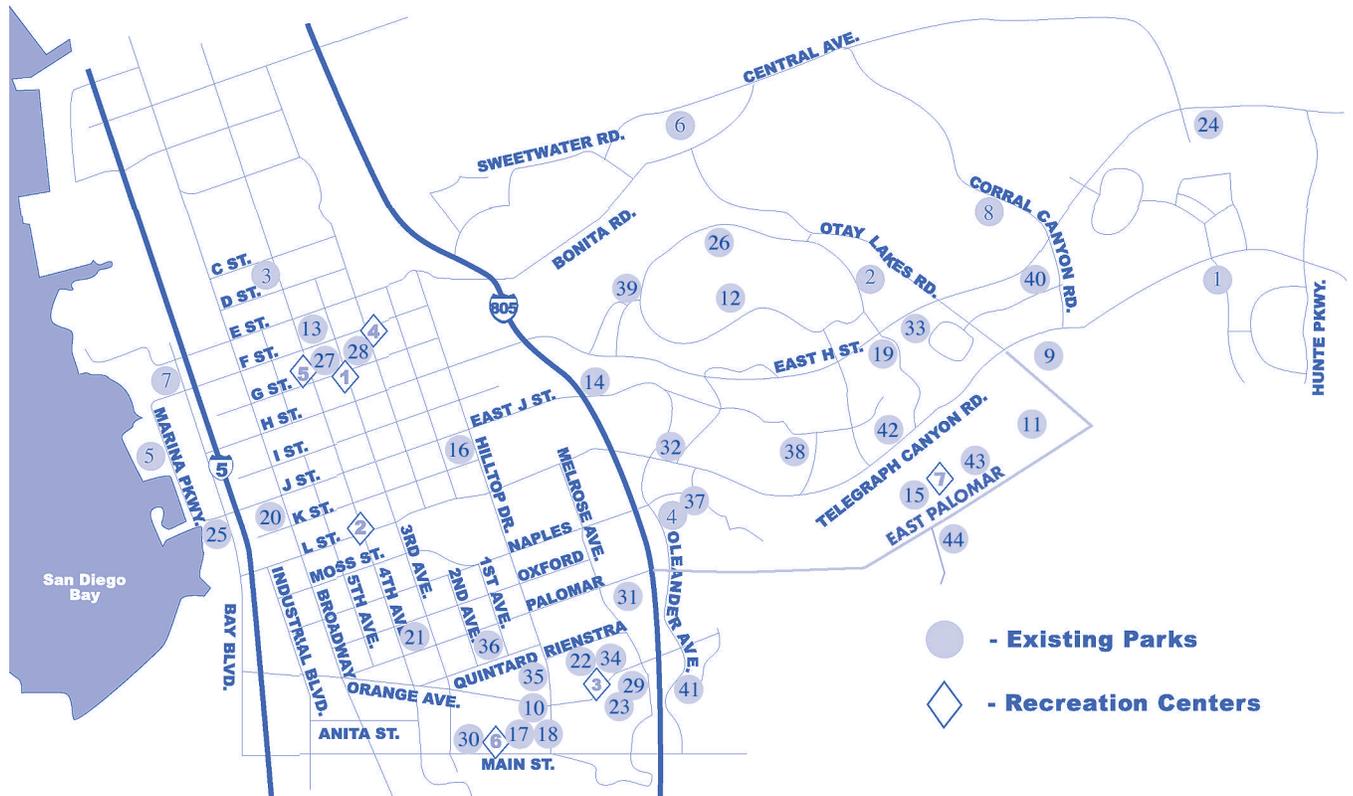
For park reservations, call (619) 397-6197.

Resident*	Large	Medium	Small	Air Jump & Pony Permit
Rental	\$120	\$90	\$30	\$30
Deposit	\$100	\$75	\$25	
Total	\$220	\$165	\$55	\$30

*Persons wanting the resident rates must show proof of residency such as a driver's license with the current address listed – If license does not have the current address the customer can also bring in a current utility bill.

Non-Resident*	Large	Medium	Small	Air Jump & Pony Permit
Rental	\$240	\$180	\$60	\$60
Deposit	\$100	\$75	\$25	
Total	\$340	\$255	\$85	\$60

CITY PARKS MAP



RECREATION CENTERS

1. **Chula Vista Woman's Club**
357 G Street
(619) 691-5085 (for info)
2. **Chula Vista Youth Center**
465 L Street
(619) 691-5276
3. **Loma Verde Pool**
1420 Loma Lane
(619) 691-5081
Loma Verde Recreation Center
1420 Loma Lane
(619) 691-5082
4. **Norman Park Senior Center**
270 F Street
(619) 691-5086
5. **Parkway Community Center**
373 Park Way
(619) 691-5083
Parkway Gymnasium
385 Park Way
(619) 691-5084
Parkway Pool
385 Park Way
(619) 691-5088
6. **Otay Recreation Center**
3554 Main Street
(619) 476-5325
7. **Heritage Community Center**
1381 East Palomar Street
(619) 421-7032

TENNIS COURTS

- Municipal Courts**
- | | |
|----------------------|-------------|
| Mackenzie Creek Park | # of court |
| Marisol Park | 2 (lighted) |
| Eucalyptus Park | 2 (lighted) |
| Rancho Del Rey Park | 4 (lighted) |
| Sunbow Park | 2 |
| Terra Nova Park | 3 (lighted) |
| Santa Cora | 2 (lighted) |
| | 1 (lighted) |
- School District Courts**
- | | |
|------------------------------|----------------|
| Southwestern College | # of courts |
| Bonita Vista High School | 14 (4 lighted) |
| Castle Park High School | 6 |
| Chula Vista High School | 6 |
| EastLake High School | 6 (4 lighted) |
| Hilltop High School | 10 (8 lighted) |
| Rancho Del Ray Middle School | 6 (4 lighted) |
| | 4 |

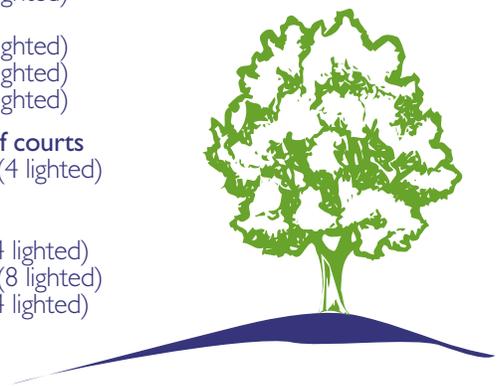
MUNICIPAL GOLF COURSE
4475 Bonita Road, (619) 479-4141

18-hole championship course, pro-shop, putting and chipping greens, driving range, carts, snack bar, club house and restaurant.

OPEN SPACE

An Open Space Hotline, (619) 397-6016, is available to address open space concerns outside normal business hours. The hotline will record non-emergency open space concerns before 8 am or after 5 pm and on weekends.

To report and register concerns regarding City Open Space during regular business hours, please call (619) 691-5027. Emergency calls outside regular business hours, 8 am - 5 pm, Monday through Friday, should be directed to the Police Department at (619) 691-5151. The Police Department will contact staff on emergencies.



City Parks

PARKS (see map)

	Acres	Amphitheater	Barbecue Grill	Ballfield	Basketball	Fitness Course	Gymnasium	Open Green Space	Park Shelter/Gazebo	Picnic Area	Play Equipment	Recreation Center	Restroom Facility	Shuffleboard	Soccer Field	Softball Field	Swimming Pool	Tennis Courts	Air Jumps Allowed	Pony Rides Allowed
Community Parks																				
1. Chula Vista Community Park - 1060 EastLake Pkwy*	14.9		•					•	•	•	•		•		•	•		•	•	•
2. Discovery Park - 700 Buena Vista Way	20.4		•			•		•		•	•		•		•	•			•	•
3. Eucalyptus Park - Fourth Avenue & C Street*	20.9		•		•			•		•	•		•			•		•	•	•
4. Greg Rogers Park - 1189 Oleander Avenue	42.1		•	•				•		•			•			•			•	•
5. J Street Marina/Bayside Park**	21.4		•			•		•		•	•		•							
6. Rohr Park - 4548 Sweetwater Road*	59.9		•		•			•	•	•	•	•	•		•	•			•	•
Neighborhood Parks																				
7. Bay Boulevard Park - F Street & Bay Boulevard	1.5							•		•										
8. Bonita Long Canyon Park - 1745 Coltridge Lane	10.9					•		•		•	•		•						•	•
9. Breezewood Park - 1091 Breezewood Dr.	2.2		•					•		•	•									
10. Connoley Park - 1559 Connoley Avenue	0.7				•			•			•									
11. Cottonwood Park - 1778 East Palomar Street*	6.6		•		•			•	•	•	•		•		•	•			•	•
12. Explorer Park - Rancho Del Rey Pkwy & Norella St.	5.6				•			•		•	•								•	•
13. Friendship Park - Fourth Avenue & F Street	4.0							•												
14. Gayle L. McCandliss Park - 415 East J Street	3.1		•					•		•	•									
15. Heritage Park - 1381 Palomar Street*	10.1	•			•			•	•	•	•	•	•							
16. Hilltop Park - 780 Hilltop Drive*	9.3		•					•	•	•	•		•						•	
17. Holiday Estates I - 27 Connoley Circle	0.2							•												
18. Holiday Estates II - 1637 Connoley Avenue	0.2							•												
19. Independence Park - 1248 Calle Santiago	12.8							•												
20. Lancerlot - 750 K Street	0.1										•									
21. Lauderbach Park - 333 Oxford Street	3.9		•		•			•		•	•									
22. Loma Verde Park - 1420 Loma Lane	6.2		•					•		•	•	•					•			
23. Los Niños Park - 150 Teal Street	5.1		•		•			•		•	•		•						•	•
24. MacKenzie Creek Park - 2275 MacKenzie Creek Rd.*	6.8		•		•			•	•	•	•		•					•	•	•
25. Marina View Park - 900 Marina View Parkway**	4.5		•			•		•					•							
26. Marisol Park - 916 Rancho Del Rey Parkway*	5.0							•		•	•		•					•	•	•
27. Memorial Park - 373 Park Way	7.8	•	•				•	•		•	•	•					•			
28. Norman Park - 270 F Street	1.5							•		•				•						
29. Orange Avenue Fields - 160 East Orange Avenue	4.0							•								•				
30. Otay Park - 1613 Albany Avenue	4.2		•					•		•	•		•		•				•	•
31. Palomar Park - 1359 Park Drive	2.7		•					•		•	•									
32. Paseo Del Rey Park - 750 Paseo Del Rey	9.0		•					•		•	•									
33. Rancho Del Rey Park - 1131 Buena Vista Way	9.2							•		•	•							•		
34. Rienstra Ballfields - 1500 Max Avenue	7.1							•								•				
35. SDG&E Park - 1450 Hilltop Drive	20.0		•		•			•		•	•								•	•
36. Sherwood Park - 69 Sherwood Street	0.3							•												
37. Sunbow Park - 500 East Naples Street	3.7		•					•		•	•							•		
38. Sunridge Park - 952 Beechglen	6.6		•					•		•	•				•				•	•
39. Terra Nova Park - 450 Hidden Vista Drive*	17.0							•	•	•	•		•		•	•		•	•	•
40. Tiffany Park - 1713 Elmhurst Avenue	5.3							•		•	•									
41. Valle Lindo Park - 545 Sequoia Drive	4.3		•					•		•	•									
42. Voyager Park - 1178 East J Street*	11.2							•	•	•	•		•		•				•	•
NEW! 43. Harvest Park - 1550 East Palomar*	6.8		•					•	•	•	•				•				•	
NEW! 44. Santa Cora Park - 1365 Santa Cora	5.7		•		•			•		•	•							•		

*Rental Reservations Available

**Reservations & information from Port of San Diego (619) 686-6200

SPRING REGISTRATION INFORMATION

NOTE: Fees for classes DO NOT include any additional costs that may be required (i.e. ballet slippers, leotards, martial arts uniforms, tap shoes, etc.)

WALK-IN REGISTRATION

March 15 - April 9

Walk-in registration for spring classes will be taken on a first come, first served, space available basis, beginning the last week of the winter session. Registration will be taken Monday - Friday from 3 - 7 pm, and Saturday from 12 - 3:30 pm at the Chula Vista Youth Center, Heritage Center, Loma Verde Center, the Otay Center, and Parkway Center.

Registration will be taken at all facilities for any class, regardless of its meeting location. Those registering will be asked to complete the registration form and provide payment in the preferred form of check or money order. Cash in the exact amount will also be accepted.

FINANCIAL ASSISTANCE

- Limited financial assistance is available to Chula Vista residents 16 years of age and younger.

- Applications will be available during normal operating hours at the above mentioned facilities.

- This assistance is for Recreation Department classes only—it does not apply to other agencies' activities.

- Completed applications for Financial Assistance must be submitted with the class registration form to one of the facilities listed below no later than seven days prior to the start of class.

Chula Vista Youth Center: (619) 691-5276

Heritage Community Center: (619) 421-7032

Loma Verde Center: (619) 691-5082

Loma Verde Pool: (619) 691-5081

Otay Center: (619) 476-5325

Parkway Center: (619) 691-5083

Parkway Pool: (619) 691-5088

For more information on Recreation Department classes, call the specific center where the class is located.

REFUNDS & TRANSFERS

Refunds are not issued unless classes are cancelled. Refunds will be processed and mailed approximately 3-4 weeks after classes begin.

Transfers and/or credits may be approved under certain limited conditions.

MAIL-IN REGISTRATION

March 15 - 27

- The Registration Form is to be used only for the Recreation Department classes listed on pages 5 - 15 of this brochure.

- Do not combine with registrations for any other program or agency (youth sports, YMCA, Boys & Girls Club).

- Registration will be accepted by mail on the dates listed, on a first received, first processed, space available basis.

- Print and fill out form completely.

- Classes not preceded by an activity number cannot be registered for by mail. Registration is available only at the class location where they are held.

- Applications postmarked before March 15 or after March 27 will be returned unprocessed.

- Send a check or money order for the total payment due payable to "City of Chula Vista."

- Separate checks for each recreation class are not required. Bank cards will not be accepted for walk-in or mail-in registration. Do not send cash.

- Individuals who do not live within the city limits of Chula Vista will be required to pay the nonresident fee listed for each class. Proof of residency may be required.

- Mail to: City of Chula Vista Recreation Dept.
Attn: Frank Carson, MS R-107
276 Fourth Avenue
Chula Vista, CA 91910

ONLINE REGISTRATION

March 15 - April 11

The Recreation Department is continuing an online registration process for the spring session. Go to www.chulavistaca.gov/rec then click on the pop-up window to our registration service. Questions? Call (619) 691-5276 for additional information.

CANCELLATIONS

A minimum number of participants is required to hold class. Where enrollment is low, the Recreation Department reserves the right to cancel. To help assure that classes are held, please register early. An automatic refund will be issued if a class is cancelled by the department.

WANTED:

Class Instructors
The Recreation Department is always searching for qualified instructors to teach new or existing classes. If you are interested in being a contractual instructor, contact Frank Carson at (619) 691-5140.

Outside Performances

Many of the Department's recreational class instructors provide their students with additional opportunities to perform at outside programs and special events (e.g. competitions, San Diego County Fair, etc.) Please note that these performances and appearances are considered outside and separate from the Recreation Department classes and programs. The Department has no involvement with the performance selection, scheduling, transportation, instructor oversight or liability in connection with these outside performances. Please direct all questions or concerns to the instructor.

Spring Registration Form



FILL OUT COMPLETELY - PLEASE PRINT

ADULT LAST NAME	FIRST	MI
Address	City	Zip
Home Phone	Business Phone	
Email		

*Does the participant need special accommodations for a successful experience? A two-week advanced notice is required. (Check Y or N, below:)

PARTICIPANT INFORMATION - PLEASE PRINT

Class #/Session	Class Title	Participant's Last Name	First Name	MI	Sex	Date of Birth	Fee	Y*N*

Please choose classes carefully, the NO REFUND Policy will be followed. Returned Checks: TOTAL FEES DUE \$
 There will be a minimum service charge of \$25 on all checks returned from the bank.

READ, SIGN AND DATE WAIVER BELOW. Unsigned waivers will cause your registration to be returned unprocessed.

ACCIDENT WAIVER AND RELEASE OF LIABILITY (AWRL)

I _____ (REGISTRANT), and I _____ *(REGISTRANT'S parent or guardian),
 acknowledge that this activity may be an extreme test of REGISTRANT's physical and mental limits and that it could result in death, injury and property loss. Risks may derive from terrain, facilities, water conditions, weather, condition of equipment, vehicular traffic, actions of others, lack of hydration, as well as other sources. I hereby assume all risks of REGISTRANT's involvement in this activity. I certify that REGISTRANT is physically fit, has sufficiently trained for participation in this activity and has not been advised otherwise by a qualified medical person. I acknowledge that this AWRL form will be used by The City of Chula Vista and the activity holders, sponsors and organizers, in which REGISTRANT may participate and that it will govern REGISTRANT's actions and responsibilities at said activities. In consideration of REGISTRANT being permitted to participate in this activity, and on behalf of myself, my executors, administrators, heirs, successors and assigns, I hereby (A) WAIVE, RELEASE AND DISCHARGE FROM LIABILITY The City of Chula Vista and its directors, officers, employees, volunteers, representatives and agents, and the activity holders, sponsors, directors and volunteers, for the death, injury or property loss or damage of REGISTRANT or actions of any kind which may accrue to me as a result of REGISTRANT's participation in this activity; and (B) agree to INDEMNIFY AND HOLD HARMLESS the above-mentioned entities or persons from any and all liabilities or claims made by other individuals or entities as a result of any of REGISTRANT's actions during this activity except for those claims arising from the sole negligent or willful conduct of The City of Chula Vista or its agents. I hereby consent to the administering of medical treatment to REGISTRANT if deemed advisable in the event of injury, accident and/or illness during this activity. I understand that at this activity or related activities, REGISTRANT may be photographed. I agree to allow REGISTRANT's photo, video or film likeness to be used for any legitimate purpose by the event holders, sponsors, directors and their agents or assigns. This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. I hereby certify that I have read this document and understand its content. I further certify that I am the parent or guardian of the above-named participant and that I will hold each of the above-named individuals and entities harmless and indemnify each in the event of any loss whatsoever due to a defect in my legal capacity.

REGISTRANT's Parent or Guardian's Signature _____ Date _____
 *If the participant is under 18 years of age or legally incapacitated, the parent or guardian must also sign.

Make checks payable to "CITY OF CHULA VISTA" *Individuals who do not reside within the city limits of Chula Vista must pay the nonresident fee listed for each class. Failure to send correct amount could result in delay or denial of your priority class.
Send your registration to the Recreation Department for all recreational classes. Be sure to indicate session number for all swimming classes.

RECREATIONAL CLASSES:
 City of Chula Vista Recreation Department, 276 Fourth Avenue, Chula Vista, CA 91910
 Attn: Frank Carson (Mail Stop R-107)

FOR OFFICE USE ONLY: Amount Enclosed: \$ _____ CK/MO# _____ Bank # _____ City Receipt # _____



CITY OF
CHULA VISTA

276 Fourth Avenue • Chula Vista, CA 91910
www.chulavistaca.gov